

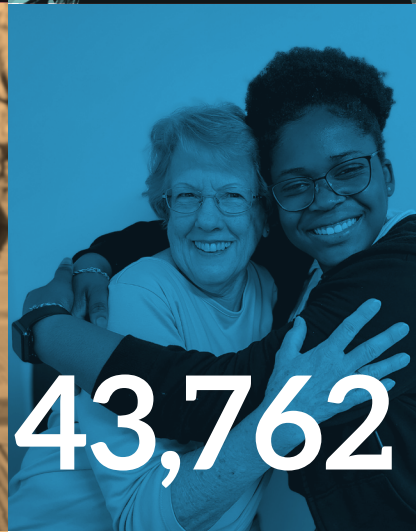


# HelpLine

FY 2022-2023  
Annual Report

Preserving our  
Future through  
**Prevention**

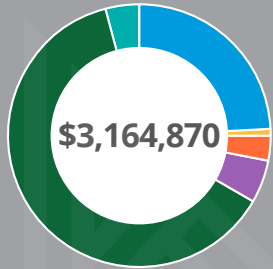




Lives Impacted: 43,762

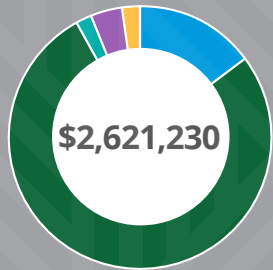
# Financials

FY 2022-2023 Audited Financials



## Total Source of Funds

Grants	24%
After-Hours Contracts	1%
Contributions/Fundraising	3%
Other	5%
DMMHRSB	62%
United Way	4%



## Total Disbursements

Operating Expenses	15%
Personnel	78%
Telephone	2%
Equipment	4%
Other	0%
Advertising/Printing	2%

# HelpLine Board of Directors

- **Chair, Jane Martin**, Community Member
- **Vice-Chair, Teri Meider**, Community Member, Retired from DACC, Adult Ed Instructor DACC
- **Treasurer, Tim Steitz**, Retired, PERS, Adjunct Faculty, Ohio Wesleyan University
- **Secretary, Allison Fish**, Clinical Nurse Manager, OhioHealth Emergency Department
- **Anthony Betta**, Attorney, Carlisle, Patchen & Murphy LLP
- **Michele Gregory**, Executive Director, Wexner Medical Center Advancement
- **Jennifer Furey**, Assistant Director, Instructional Technology, Olentangy Local School District
- **Leana Froelich-Terry**, Director of Counseling Services, Ohio Wesleyan University
- **Barb Lyon**, Chief Empowerment Officer, Lyon & Co
- **Adam Moore**, Chief, Delaware City Police Department
- **Christina Thayer**, Senior Accountant, Bodine Perry LLC

# Suicide and Violence Prevention

HelpLine prevention programs promote emotional health and well-being of youth and community members through a broad range of efforts — educating, mobilizing and influencing change. We raise awareness about suicide, possible warning signs, and ways to get help, while also addressing sexual assault and relationship violence through in-school and community programming.

- 4,492 middle and high school students were educated in the Signs of Suicide program through Delaware and Morrow County schools.
  - 576 middle and high school students identified with possible depression or suicidal thought/action and referred for assistance.
- 111 high school students identified as having suicidal thoughts and referred to a mental health professional the same day.
- 1,302 students throughout Delaware and Morrow county schools received relationship and family violence prevention education.
- 1,190 students completed the intimate partner violence prevention program Safe Dates or Love: All That & More.
- 112 students participated in school-based empowerment groups.
- 1,405 community members and professionals were trained in QPR (Question. Persuade. Refer) gatekeeper suicide prevention training.



# Sexual Assault and Victim Services & Sexual Assault Response Network (SARN)

HelpLine Sexual Assault and Victim Services provides in-person crisis intervention, advocacy and support at hospitals or law enforcement offices, healing and trauma-informed workshops and victim resources. As part of the array of services, SARN prioritizes sexual assault survivors of all ages, genders, and identities in counties including Delaware, Morrow, Crawford, Wyandot. In FY 2022-2023, Union County was added and offer a full array of rape crisis services.

- 4,454 SARN emergency on-call hours provided by volunteers to Survivors
- 161 Survivors helped through SARN and our 24-hour rape crisis hotline with 25 Co-survivors served.
- 8 SARN volunteers provided support to Survivors



# 24/7 Hotline and 211 Crisis Support and Referrals to Community Services

HelpLine 211 provides 24/7, free and confidential help to anyone in Delaware and Morrow counties. We provide connections to essential services like crisis and emergency counseling for mental health or addiction concerns, sexual assault, disaster and food assistance. From the first hello, a caring specialist will work to address root causes, identify issues and offer comfort to the final connection to help.

- 14,709 calls were answered by our 24/7 hotline.
- 4,482 outgoing contacts/calls made on behalf of callers directly to referral sources for immediate help.

- 17,303 incoming and outgoing texts text were exchanged on the 24/7 hotline.
- 15,786 referrals made through the crisis and information & referral 211 line to local health and human services programs.
- Responded and supported 346 callers and texters who were thinking about suicide.
- 108 adults and 42 children received emergency financial assistance including prescriptions, emergency shelter, food bags and clothing through the HelpLine Emergency Financial Assistance Program.





# Crisis Engagement Coordination Program

HelpLine Crisis Engagement Coordination offers Delaware and Morrow County residents of all ages linkage to mental health or addiction treatment and caring contacts by phone or text during and immediately following a mental health crisis or emergency. Crisis Engagement Coordination (CEC), works closely with community behavioral health partners to connect individuals to services as quickly as possible to stabilize and support individual's recovery and prevent future crises.

- 832 people provided short and longer term crisis intervention, support, follow up, referral or linkage to mental health or addiction treatment, and help addressing barriers to treatment by licensed clinicians through the Crisis Engagement Program.
- 219 referrals to mental health & other community resources.
- 62 community partners and agencies that work in collaboration with the CEC program.
- 2771 care contacts made to follow-up on CEC program participants.



# Connections Volunteer Center

A program of HelpLine, Connections recruits, refers and matches volunteers to nonprofits and assists older adults ages 55+ to lead healthy, supported lives. Volunteering offers several mental and physical health benefits which include gaining a sense of purpose and experiencing lower rates of depression and isolation, which has a stress-reducing effect especially for those age 55+.

- 886 volunteers matched to community service needs (204 were ages 55+).
- 14 Volunteer Happy Hour projects hosted at 6 older adult living communities in 2 community locations.
- 5,671.75 hours of volunteer service provided to the community and with an economic impact worth \$180,997.65 reinvested into

Delaware County. (3,156.5 hours were ages 55+).

- 43 older adults 55+ and 49 high school students participated in the Sages & Seekers intergenerational program at Big Walnut High School.
- 499 volunteers provided 1,190.5 hours by serving 94 older adult homes during the 16th Annual Make A Difference Delaware County, the largest single day of volunteering in the county. A reinvestment of \$35,655.46 worth of time was put back into the community.
- 32 clients were served by 10 companions, who provided 705 home visits through the Senior Companion Program.



# YES, I/We Will Make A Donation Today!

Here is my tax deductible gift:

\$ \_\_\_\_\_

I would like my gift to support:

- HelpLine (general)
- Sexual Assault Response Network
- Violence Prevention
- Suicide Prevention
- Crisis Engagement Coordination
- 211/Hotline
- Connections Volunteer Center

This is a pledge. Payment will begin and be made:

- Monthly
- Quarterly
- Semi-Annually
- Annually

## Questions?

Contact Tamika Vinson-Reid,  
Marketing and Development Director,  
at [tvinson@helplinedelmor.org](mailto:tvinson@helplinedelmor.org)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Email \_\_\_\_\_ Phone (     ) \_\_\_\_\_



### Donations to HelpLine can be given using one of our convenient methods:

- Tear off donation form and mail to: HelpLine, 11 N. Franklin Street, Delaware, OH 43015
- Scan the QR code to the left
- Visit [helplinedelmor.org/donate2/](http://helplinedelmor.org/donate2/)

Appeal: FY23-24Winter



# The Community's Go-to for Supporting and Empowering Change

Learn more about our stakeholders  
who support us through sponsorship, service  
and social advocacy at  
[www.helplinedelmor.org/guardians-for-good](http://www.helplinedelmor.org/guardians-for-good)

11 N. Franklin Street, Delaware, OH 43015  
740.363.1835





@helplinedelmor



helplinedelmor.org

Call our support and information line at  
1.800.684.2324 and 211 or text helpline to 898211  
Suicide and crisis lifeline, 988  
Deaf or hard of hearing: 711 or 1.800.750.0750

Language Services Available

*HelpLine is a provider agency of the Delaware-Morrow Mental Health & Recovery Services Board, a partner of the United Ways of Delaware, Morrow, Union, Counties, partially funded by SourcePoint, the Ohio Attorney General's Crime Victims Services Office, Ohio Office of Criminal Justice Services, Ohio Department of Health, and private donations. HelpLine is certified by the Ohio Department of Mental Health and Addiction Services, certified by the American Association of Suicidology and accredited by the national Alliance of Information and Referral Systems. HelpLine is a tax-exempt organization under the 501(c) 3 Internal Revenue Code. Calls are toll-free and standard rates apply when using our text service.*

*HelpLine is an equal opportunity employer/provider.*