

Cultivating a Healthier Community through Volunteerism & Training



Connections Volunteer Center,

a program of HelpLine, bridges the gap between passionate volunteers and community needs. Connections recruits, refers and matches volunteers to nonprofits and assists older adults ages 55+ to lead healthy, supported lives. For more than 25 years, Connections has partnered with more than 60 organizations in Delaware County and reinvested over \$8 million dollars in volunteer service hours back into the community. Connections core services are funded by SourcePoint and the Delaware-Morrow Mental Health & Recovery Services Board.

Volunteering offers several mental and physical health benefits, especially for older adults ages 55+. By spending time in service to others, volunteers gain a sense of purpose and experience lower rates of depression, isolation and loneliness which has a stress-reducing effect.

Programs & Events

- Get Connected Volunteer Matching
- Make A Difference Delaware County
- Senior Companion Program
- Sages & Seekers
- Social Worker, Counselor, and Community Training
- Volunteer Happy Hours for Older Adults Ages 55+

For more information contact
740-363-5000 or visit
ConnectionsVolunteerCenter.org
Scan here for volunteer
opportunities



