HelpLine
Suicide Prevention and Training

Inspiring Hope and Saving Lives
HelpLine Suicide Prevention and Training supports the emotional health and well-being of youth and community members, while raising awareness about suicide, possible warning signs, and ways to get help. Through in-school presentations and screenings for signs of depression and suicide, we not only educate students but also connect those at risk with a counselor or mental health professional. We also work to increase the number of adults who can respond to someone who may be struggling.

HelpLine prevention programs are responsibly researched and highly effective in identifying and supporting those at risk for suicide. Our programs ensure that every person, without regard to exposure to the problem, has access to improving their mental wellness, knowledge, attitudes, and skills that will ultimately lead to saving lives and bringing change to the community.

Suicide Prevention Programs:
- Signs of Suicide (Middle and High School)
- QPR – Question, Persuade, and Refer Training
- Suicide prevention and depression awareness at community events or presentations