



HelpLine

Suicide Prevention
and Training



Inspiring Hope
and Saving Lives

HelpLine Suicide Prevention and Training

supports the emotional health and well-being of youth and community members, while raising awareness about suicide, possible warning signs, and ways to get help. Through in-school presentations and screenings for signs of depression and suicide, we not only educate students but also connect those at risk with a counselor or mental health professional. We also work to increase the number of adults who can respond to someone who may be struggling.

HelpLine prevention programs are responsibly researched and highly effective in identifying and supporting those at risk for suicide. Our programs ensure that every person, without regard to exposure to the problem, has access to improving their mental wellness, knowledge, attitudes, and skills that will ultimately lead to saving lives and bringing change to the community.

Suicide Prevention Programs:

- Signs of Suicide (Middle and High School)
- QPR – Question, Persuade, and Refer Training
- Suicide prevention and depression awareness at community events or presentations



HelpLine

@helplinedelmor



helplinedelmor.org

Call our support and information line
at **1.800.684.2324** and **211** or text helpline to **898211**
Suicide and crisis lifeline, **988**
Deaf or hard of hearing: **711** or **1.800.750.0750**
Language Services Available

HelpLine is a provider agency of the Delaware-Morrow Mental Health & Recovery Services Board, a partner of the United Ways of Delaware, Morrow, Union, Counties, partially funded by SourcePoint, the Ohio Attorney General's Crime Victims Services Office, Ohio Office of Criminal Justice Services, Ohio Department of Health, and private donations. HelpLine is certified by the Ohio Department of Mental Health and Addiction Services, certified by the American Association of Suicidology and accredited by the national Alliance of Information and Referral Systems.

HelpLine is a tax-exempt organization under the 501(c) 3 Internal Revenue Code.

Calls are toll-free and standard rates apply when using our text service.

HelpLine is an equal opportunity employer/provider.