

A Community Program of **Help**Line

Providing Rape Crisis and Recovery Services for all Survivors of Sexual Assault



Supporting. Connecting. Healing.

The Sexual Assault Response Network (SARN) provides emotional support and crisis intervention for sexual assault survivors in Delaware, Morrow, Crawford, Wyandot and Union counties.

What is Sexual Assault?

- Any unwanted sexual act that is not consensual
- Inability to consent for any reason
- A crime of violence, power, and control
- A violent act whether or not physical force is used

You are not Alone

Survivors of sexual assault can experience a variety of normal reactions to an assault including:

- Anger
- Change in appetite
- Hopelessness
- Fear
- Self-blame
- Sleeplessness

We believe you. Sexual assault is not your fault. Remember, it's never too late to get help.

SARN Can Help

SARN serves survivors of all genders and identities including LGBTQIA+, teens, and older adults. SARN offers:

- Free and confidential 24/7 crisis hotline and text line
- Advocates to provide 24/7 in-person support at hospitals and law enforcement agencies
- Healing workshops and support groups
- Trauma-informed support for survivors and their support people
- Support and resources for adults supporting youth survivors

For information about our services, or for support, call

SARN at 1.800.684.2324 or Text helpline to 898211



Or scan this QR code for additional information.