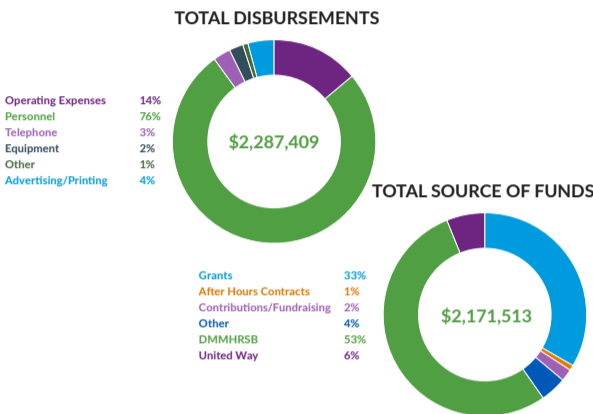




Our 2019 Annual Report

People depend on us. As the community's only 24/7 resource providing both support in moments of crisis and connections to human services, we remain ready to protect and preserve a supportive community ecosystem. We know that in order to guard the sacred, it takes a comprehensive approach that occurs at all levels — from the individual, family and community. We must engage our partners in prevention to share in the responsibility to promote awareness, prevention, resilience and bold solutions. We match our commitment to strengthen the emotional health and wellness of our community with rigor, as this is what our mission demands — and what people deserve. We stand firmly on the front lines, creating a transformative culture of care and connectedness — because life depends on it. **We are HelpLine.**

We are good stewards of our resources. FY 2018 Audited Financials



We touched



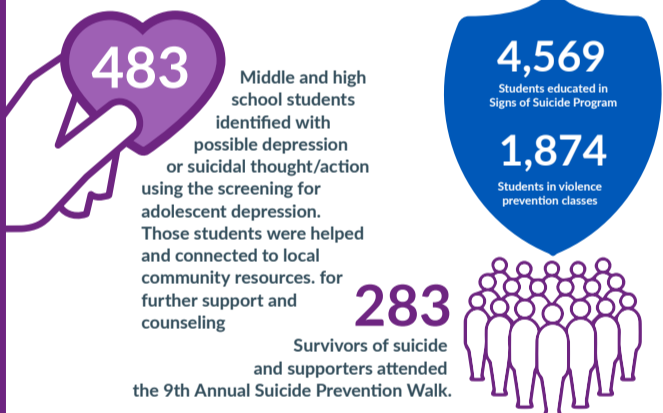
41,000 + people

x 1,000 people

Empowered **19,500** individuals through supportive services.

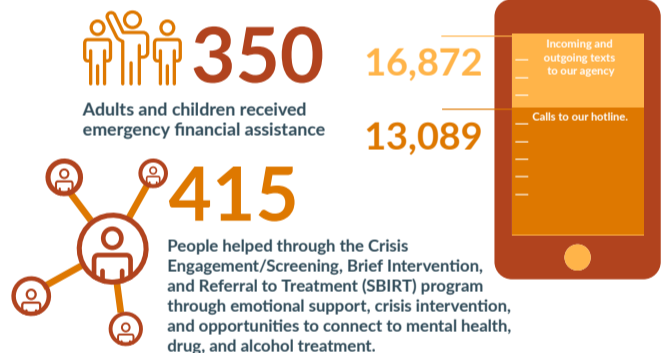
Suicide & Violence Prevention

Our prevention programs seek to foster a healthier, safer communities through a broad range of efforts — educating, mobilizing and influencing change.



2-1-1 Crisis Support, Information & Referral

Our 24/7 support line, 2-1-1, provides information during on and off hours to connect you with the right resources at the right time like mental health support, food pantries and shelters.



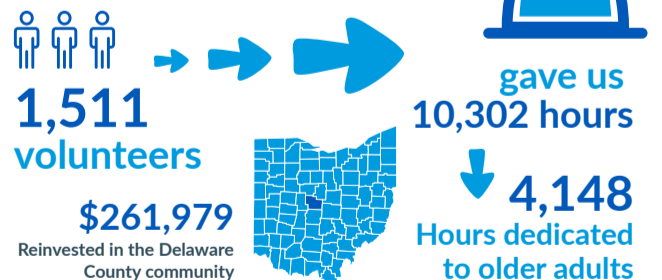
Sexual Assault Response Network (SARN)

Our trained sexual assault team advocates and volunteers assist Survivors during their time of critical need and continue to support them throughout recovery.



Connections Volunteer Center

Our volunteer center bridges the gap between volunteers and community needs by helping nonprofits focus on what matters most — people and older adults lead fulfilling and supported lives.



Guide the good with us!



Learn more about our stakeholders who support us through sponsorship, service and social advocacy at www.helpinedelmor.org/guardians-for-good

HelpLine Board of Directors

- | | |
|-------------------|-----------------|
| Mahnour Ansari | Wendy Piper |
| Andra Boger | Sarah Smith |
| Marcus Mattson | Erik Vandavelde |
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@Helpinedelmor



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www.helpinedelmor.org