



2015 Annual Report HelpLine of Delaware & Morrow Counties, Inc.



HelpLine is Connecting People in Moments That Matter

Dear Friends,

Thank you for taking the time to learn more about how HelpLine has partnered with agencies, donors, and volunteers, to positively affect the lives of those we served during this past year. This annual report is dedicated to the memory of Linda Owings, a dedicated employee of HelpLine for over 14 years. Linda, who passed away after a brief, but courageous battle with Cancer in December of 2014. Linda began as a Hotline Specialist at HelpLine in 2000 and was the Hotline Supervisor at the time of her passing. Linda responded to thousands of callers over the years. All who worked with Linda would agree that she embodied our theme of "connecting people in moments that matter" by doing her best to help all. She served callers with compassion and diligence, refraining from judgment, and was a dedicated advocate for those in need. She inspired, supported, challenged, and modeled for us the true reason

we are here at HelpLine - to do what we can, the best we can, for those who come to us in need of comfort, hope, and healing. The quote that we share below expresses how Linda lived her life and inspired others to do the same. In honor of Linda, we have established a fund to assist residents of Morrow County with food needs; as this was a passion of hers. The fund is named the "Linda Helps Fund" and, thanks to initial donations, should be able to help people 52 times in 2016.

Thank you to all - our staff, board volunteers, and community partners for making it possible for HelpLine to Connect People in Moments That Matter.

Sincerely,

Susan Hanson

⟨ "I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." — Edward Everett Hale

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HELPLINE BOARD OF DIRECTORS

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Russell Walker, Nationwide Insurance

2015 HELPLINE KEY STATS

CONNECTING PEOPLE IN MOMENTS THAT MATTER





About HelpLine

Founded in 1970, HelpLine now serves a five-county area with a variety of critical services. HelpLine is the local 24/7 toll-free crisis, support, and information referral/211 line for residents of Delaware and Morrow Counties, the 211 Information & Referral Provider to Union County, and provides rape crisis advocacy services to Delaware, Morrow, Crawford and Wyandot counties. In addition, HelpLine provides prevention and training in the areas of suicide, depression, sexual and family violence, and child sexual abuse. HelpLine also cooperates Connections, the Delaware County Volunteer Center which connects volunteer opportunities to people who want to give and get needed support. Committed to empowering people through knowledge, support, and resources, HelpLine facilitates the recovery and stability of the communities we serve by providing a comprehensive resource network, emotional support, volunteer services, and prevention education and training.

HelpLine is a contract provider of the Delaware-Morrow Mental Health and Recovery Services Board. We are apartner agency of the United Ways of Delaware, Morrow, and Union Counties, and receive funding from SourcePoint, the Ohio Department of Health, the Ohio Attorney General's Office, the Ohio Office of Criminal Justice Services, The Women's Fund of Central Ohio, the Women's Leadership Network, anddonations. HelpLine is a member of the national Suicide Prevention Lifeline Network and is accredited by the American Association of Suicidology, National Alliance of Information & Referral Systems and certified by the Ohio Department of Mental Health and Addiction Services. For more information, please visit: www.HelpLinedelmor.org.















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VIOLENCE PREVENTION

STATS

Key Numbers Served:

- 8,089 contacts were made with violence prevention in calendar year 2014.
- 1,454 individuals, the majority of whom were children and teens, were engaged in learning skills to prevent family and sexual violence.
- 956 children are safer from family and relationship violence.
- 396 Sexual Assault Response Team (SART) professionals were trained on Substance-Related Sexual Assault; we served as a key partner in planning and implementation of the program.

Key Outcomes:

- 93 percent of participants reported better awareness of how to increase their safety.
- 95 percent of participants reported more knowledge about how and where to get help.

VIOLENCE PREVENTION IMPACT

GOOD

HelpLine's Violence Prevention efforts range from teaching individuals skills, enhancing school climates, raising awareness in our communities, to addressing organizations and issues on the local and state level. For example, more than 350 students participated in the Day of Silence in two local high schools. The Day of Silence is a national movement which includes a day in which students do not speak to show solidarity with their LGBTQI peers who often feel silenced and/or unrepresented at their schools.

An additional 50 students participated in a "Breaking the Silence" celebration, which was held after school. After the event, HelpLine's Violence Prevention Educator, who took the lead on these activities, was asked to advise Gay/Straight Alliance (GSA) groups in both schools.

Other examples of organizational and state level work included participation in the Title IX Committee at Ohio Wesleyan University by assisting in development of a Bystander Intervention initiative to make their students safer from sexual violence, and participating in the Ohio Attorney General's work group to encourage more collaboration between rape crisis centers and Ohio's colleges and universities to better serve student survivors.

HelpLine WORKS

"T.G.I.F. has greatly impacted students at Willis Intermediate. The group provides a safe environment for females to learn and grow. T.G.I.F. leads a transformative initiative for females to stand up for themselves and limit relational aggression. The students involved in the group look forward to attending TGIF and learning new coping skills to handle developmental stressors." - Marissa Borusso, 6th grade Guidance Counselor at Willis Intermediate "I appreciate everything that you've done with our girls and here at our school" - Jenny Nicely, 8th grade counselor at Dempsey Middle School

P R E V E N T I O



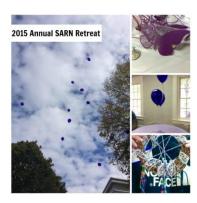
STAFF SHARE: WHY I DO THIS WORK...

WHY

"On day two of presenting to a Health class at a local school, I was covering unhealthy/abusive relationships and the cycle of abuse. I asked the class if anyone knew the stages in the cycle of abuse and a boy in the front of the class raised his hand and named them. I confirmed what he was saying was correct and then continued explaining in depth the cycle of abuse and why people stay in abusive relationships. We then went over how to help a friend and safety planning. At the end of class the boy came to me and told me he knew the cycle of abuse because he had experienced it when he was younger. We talked a little more about his experience and I thanked him for sharing with me. He is in a safe situation now, but a report to CPS was made. He continued to actively participate in the class for the last two days. At the end of the last day of class, the bell rang and all the students started filing out. He stayed a little after and came up to me and said: "Thank you. This presentation was very, very helpful to me personally." -HelpLine Violence Prevention Educator







SUICIDE PREVENTION

STATS

Key Numbers Served:

- 4,235 individuals, mostly middle and high school youth, learned how to deal with depression and prevent suicide.
- 3,480 middle and high school students were screened for depression and suicide.
- 248 adults learned skills and strategies for identifying and assisting someone who is contemplating suicide.
- Over 200 individuals participated in the 4th Annual Suicide Prevention Walk.
- Programs were implemented in nearly 20 schools across Delaware & Morrow Counties.

Key Outcomes:

- 95 percent of the middle school student participants indicated they identified an adult they could tell if they or someone they know felt suicidal.
- 385 middle and high school students were identified as requiring further follow up after screening due to indications of serious depression/possible suicide risk.
- 85 high school students screened were referred to a mental health professional the same day.

PREVENTION

SUICIDE PREVENTION IMPACT

GOOD

The Suicide Prevention Program utilizes a solidly proven classroom based curriculum with middle and high school youth called Signs of Suicide. In addition to educating students about myths and facts, they learn clear and practical strategies on how to get help for themselves or someone else. All students complete a questionnaire that assists in quickly identifying students who may be struggling with depression and/or suicidal thoughts. Students indicating a high risk for severe depression and/or suicide are identified and linked to a professional for help the same day.

The story below illustrates how engaging, empowering, and educating our community in suicide prevention saves lives.

HELPLINE WORKS: SOS

"Christie", a student at a local high school, heard that the Signs of Suicide Program would be coming to present to her class. The teacher told the class, "You all may not feel like you need this information now, but you will at some point in your life." Two years later she found herself worried about a friend in her college residence hall. The friend talked about taking her own life on several occasions, stopped going to class, and showed several other signs. While many students were unsure what to do, "Christie" remembered what she had learned and got the Resident Assistant involved to get her friend help. Because of her diligence and the knowledge she gained from the SOS Program HelpLine presented, the friend got the help that she needed. "Christie" shared this with her teacher who passed it on to HelpLine. A life that could have been needlessly lost was saved!

PARTNER SPOTLIGHT

Youth and adult volunteers from First Presbyterian Church in Delaware generously donated their time to replant the Hope Garden along with HelpLine's Suicide Prevention Educators. With their help, The Hope Garden remains a symbol of faith in our communities' ability to prevent suicide and reduce the stigma and isolation it causes with courage and shared strength. The Hope Garden also demonstrates how, by coming together we can share courage and strength.











HOTLINE | 211/Information & Referral (I&R)

STATS

Key Numbers:

- 657 suicide follow-up calls.
- 23,861 needs identified.
- 16,652 referrals provided.
- 13,369 contacts made.
- 10,802 callers.
- 174 adults and children were helped through our partnership with the Salvation Army Morrow County
- 49 households assisted with food in Morrow County and 79 households assisted with food in Delaware County.
- 573 households in Delaware and Morrow Counties were assisted after business hours to address financial emergencies, food needs, and holiday toys.
- 5,452 searches through the online resource database on HelpLine website, a substantial increase over the prior year.
- 3,921 different services are listed in the resource database and available to those in need of help.

Key Outcomes:

 Over 90 percent of callers surveyed indicated a high level of satisfaction with services received.

HELPLINE WORKS: Susan's Story

HELP

"HelpLine has always been there for me - I have been using the hotline as a resource for years. I feel like the staff at Helpline care and want to listen to what I have to say! Sometimes the most important thing any one person can do is to be a sounding board, a good listener that you can bounce ideas off of or turn to for resources and ideas. It's good to have a resource like HelpLine to turn to when you need to get things off your chest that family or friends won't know how to deal with.

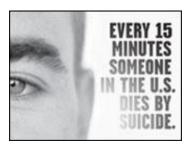
One thing I have struggled with over the years was to stay employed, I would call in and say "I'm really struggling to go into work because it is stressful, frustrating and demanding." Talking with HelpLine staff gave me the encouragement to keep going back. It has also been helpful in caregiving of my children and grandchildren - 3 children and 7 grandchildren. The stress of being a single parent was a huge challenge to deal with. Calling the hotline allowed me to keep things together while I was in a challenging relationship.

HelpLine gave me the support I needed while I pursued mental health counseling, which took a significant amount of time to set-up through my insurance. They have been a source of support through all my individual struggles and challenges. HelpLine's hotline has remained a constant neutral, good listening resource while I have worked through repeated emotional difficulties. I believe that the people that work and volunteer for the hotline genuinely care about people and I'm grateful for all the ways HelpLine has stood by me through the years. Thank you." - Susan, a Hotline consumer

PARTNER SPOTLIGHT

HOPE

HelpLine completed another successful year of partnership with Central Ohio Mental Health Center to reduce suicides in Delaware and Morrow Counties. Through a federal SAMHSA grant, we partnered with local agencies to campaign for communities that were safer from suicides.







SEXUAL ASSAULT RESPONSE NETWORK

SARN

Key Numbers Served:

- 220 survivors and co-survivors were provided compassionate, non-judgmental support, advocacy, and linkage to resources.
- 358 contacts were made with survivors through providing support at the hospital, accompanying survivors to court, linking survivors to community resources, assisting in a crisis, and offering support groups.
- 12,714 hours of on call service provided by SARN Volunteers in our four-county service areas (Delaware, Morrow, Crawford, and Wyandott).

Key Outcomes:

- 100 percent of call outs were responded to in all four counties.
- 100 percent of survivors served indicated they felt less alone, were more aware of resources that could help, and were satisfied with services received.

SARN IMPACT

GOOD

The SARN program has positively affected the lives of the survivors served through. Some examples include:

- Providing comprehensive care and support during one survivor's journey: immediately
 following the assault, during the medical examination, reporting to law enforcement,
 attending court proceedings, and providing follow-up care to help with healing.
- Helped a survivor whose primary language was not English navigate the medical system and work with a lawyer on immigration status. Accompanied her to community organizations for help with utilities, medical appointments, and in person advocacy.
- Provided advocacy at the request of the Delaware County Sheriff's Office for an inmate at Delaware County Jail who had a past experience with sexual assault.



HELPLINE WORKS: SUPPORT

CLARITY

"You truly helped me get to the point that I am at now. You helped guide me in finding a means of clarity that works for me, and even if I never get all the answers that I want, I am still in a much better place because of your program. May you guide many more through their own battles." - Member of SARN college age support group 2015

VOLUNTEERISM & TRAINING

STATS

Key Numbers Served*:

- 1,007 individual volunteers were matched with 49 groups. Of those volunteers, 274 were seniors.
- More than 700 volunteers participated in "Make A Difference Day"; one of the largest in the country and earning our staff an award.
- We partnered with Delaware City Schools to connect more than 50 older adult volunteer Pen Pals with Willis Intermediate School students.
- Our "Senior Companions" volunteers provided over 5,000 hours of support, home visiting, activities, and friendship to more than 50 older adults.
- 374 disaster volunteers were engaged to assist in a community emergency.

Key Outcomes*:

- 16,722 hours of community service by volunteers through Connections ensured there
 was sufficient staffing for community needs to be met.
- Adults age 60 and older were enriched and made healthier by engaging in 5,891 hours of service.
- \$358,854 community dollars were saved in personnel costs due to donated volunteer time.
- 382 human service and other community professionals and volunteers increased their expertise, knowledge, and skills to better serve the Delaware County Community through Connections Trainings.
- Delaware County benefited from increased social capital and civic engagement through more than 700 volunteers participating in "Make A Difference Day", the highest number ever to participate.

*Volunteers (Connections, Senior Companions, Disaster Volunteer Training)





Connections staff receiving \$10,000 check for their USA Today Make A Difference Day National Award, Pictured is Connections staff Colleen Dennis, Suzanne Pingry, and Melinda Metz-Garcia along with Newman's Own sponsors. Connections is a program of Helpline.

CONNECTIONS COMMUNITY: SHINE

SHARE

Every year, Connections organizes an event; Seniors Helping Impact Neighbors Everyday (SHINE). This event highlights the thousands of hours senior volunteers give annually while completing a meaningful project. The 2014 Annual SHINE Project helped launch the newest food pantry to serve the hungry in Delaware County. This is what seniors accomplished in one day to help stop hunger!

- Sorted 2,934 pounds of food.
- Registered 30 new families for services.
- Served 138 individuals including 52 children and 24 seniors
- Restocked shelves for the next day of operation.

Several volunteers have continued to volunteer at least one day a week since the event last fall which has created an even stronger, long-term impact.

NATIONAL RECOGNITION: USA TODAY AWARD

AWARD

Connections Volunteer Center of Delaware County (Connections), a program of HelpLine of Delaware and Morrow Counties Inc. (HelpLine), has won the USA Today National Make a Difference Day award out of thousands of entries from across the country. The last Saturday of October is National Make a Difference Day and is the largest single-day of volunteering event in the country. Connections Volunteer Center had a record-breaking year in both the number of volunteers involved and the number of projects completed in 2014. 706 Volunteers participated, a 40% increase from the previous year. These volunteers completed projects at 18 nonprofit organizations as well as performing outdoor chores at 46 senior homes.

The USA Today Make a Difference Day annual awards are based on four criteria: project need, project goal, project performance and lasting impact on the community from one day of service.

Congratulations to the Connections Team. They were awarded the Make a Difference Day National USA Today Award which recognizes outstanding volunteer projects from this national day of service from across the country. Staff received their award in Washington, DC and were given \$10,000 to help continue the important work of engaging our community members giving back.











HELPLINE FINANCIALS

Year Ended June 30, 2015

2014-2015 General Operating Fund			2014-2015 Emergency Financial Assista		
Balance as of 6/30/14	\$	541,575		\$ 2	2,893
Source of Funds	_		Source of Funds	_	
DMMHRSB	\$	863,254		\$	120
United Way	\$	116,363	Contributions	\$	3,167
SourcePoint	\$	88,475	Other	\$	31
Senior Companion Program	\$	31,458	United Way Delaware	\$	1,000
Contributions/Fundraising	\$	32,759			
Womens Leadership Network Grant	\$	5,000			
Connections Misc.	\$	61,195			4,318
ODH Rape Prevention grant	\$	49,473		\$	7,211
VOCA/SVAA	\$	72,974			
Interest	\$	1,311			
After Hours Contracts	\$	5,641			
OCJS Grant	\$	36,899			
Family Violence Prevention	\$	47,836	<u>Disbursements</u>		
Womens Fund	\$	20,000			
Ohio Childrens Trust Fund	\$	15,000	Food	\$	1,687
Other Income	\$	14,958	Gasoline	\$	597
Carryover	\$	10,000	Andy Anderson	\$ \$ \$ \$ \$	12
VOCA Crawford/Wyandot	\$	73,316	Medical Care	\$	462
SAMHSA		64,178	Transportation	\$	218
Rape Crisis Fund	\$	33,816	Housing	\$	1,523
Total Source of Funds		1,612,448 2,154,023	Total Disbursements	\$	4,499
			Cash Balance as of 6/30/15	\$	2,712
<u>Disbursements</u>				\$	7,211
Salaries	\$	914,073	Note: Emergency Financial Assistance ful	nds	provide
Fringes	\$	234,240	direct assistance through a voucher syster	m v	vith rent
Supplies	\$	2,588	and utilities as well as emergency help wit	h fo	ood,
Operating Expenses	\$	100,704	prescriptions, lodging after hours when oth	ner	agencies
Travel and Meetings	\$	9,563	are closed. These funds are accounted for	se	parately
Insurance	\$	13,094	since they are considered a "pass through	." fu	ind.
Building	\$	34,151			
Telephone	\$ \$	29,577			
Equipment	\$	17,445			
Grants	\$	106,479			
Miscellaneous	\$	49,500			
Total Disbursements	\$1	1,511,414			
Cash Balance as of 6/30/15	Ф	642,609			
Cash Dalance as of 0/30/13		•			
	\$ 2	2,154,023			

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HELPLINE CONTRIBUTORS

HelpLine wishes to sincerely thank all our donors who have given generously to ensure those in the communities we serve are connected to knowledge, support, & resources. You have our heartfelt thanks.

1808 American Bistro Alex and Elinor Heingartner

Allen and Alberta Stojkovic

Amanda Steele Anne Fry Anita Shively

Bernhard Rasmussen Brooke Laroche

Carissa and Daniel Krauss

Carolyn Slone
Claire Hackett
Connie Carter
Corinne Lyman
David Michael Henry
Deborah Patterson
Dedra and John Hall
Delaware City Schools
Delaware Comm. Market
DelawareO.com

Delia Herzog, In memory of

Terry Kramer

Denise Meine Graham
Diana Durfey-Coy
Don Chenoweth
Donna Rudderow
Drew Aquino
Ed Hoar
Ed Uhlman
Eileen Ferriman

Eleanor Hiland, In memory of

JR & TK

Emerson Network Power/Leibert

Erin and Eric Coss & The Coss

Firm

Fidelity Federal Savings & Loan First Baptist Church, Delaware

First Presbyterian Church,

Delaware Frances Turner

Franklin County ADAMH Board Fred Astaire Dance Studio

George Hellinger

George Hellinger Giant Eagle

Grace Cory, Elise Green, & Cate Norris, Shanahan Middle

School

Hazel Steel Heather Nicholson Home Depot

James Throckmorton
Jennifer and Christian Beam
Jennifer and Geoff Trainer

Jennifer Tewell

Jerry Amos & Welders on

Wheels Jerry Stewart

Joan and Gerald Cornell

Joan Maxwell John Gregory

John Radabaugh and Beth

Matune

John and Arlyss Tombarge

Judd Scott

Judith and Robert

Throckmorton, In memory of

John Throckmorton Julianna Nemeth

Kappa Chapter, The Delta Kappa Gamma Society

Karen Hart Katherine Foulke Katherine Gharrity Kathy Harrod

Keith and Blythe Boger

Kim Eckart Kim Liang Kim Saunders Kiwanis Club

Kirstin and Michael Wiley

Kroger

Kroger Rewards Program

Participants Kyle Simon

Larry and Diane Westbrook

Linda Heineike Loa Ransom Loretta Ulrey-Keys Lynne Schneider M. Jane Miller Malaya Stanley

Marsha and Scott Tilden

Mary Damico Matthew Dropco Max Lencl McDonald's Meiier

Michael Durner
Myrna Paul
Newman's Own
Nikki Hogarth & First
Presbyterian Volunteers

Panera Bread Patricia Stout Pizza Hut PNC Bank

Ralph and Peggy Benziger

Rhonda Cobourn
Robert Raymond Cain
Robert and Nancy Singer

Robert Douds
Rocky Van Brimmer
Sarah and Greg Smith
Shannon Farley & Thirty One
Shelly and Tom Louden
Sherry Barbosky

Snyder Rodman Funeral

Home SourcePoint

St. Mark's Lutheran Church,

Delaware

Sue and Steve Hanson

Susan Triplett

Suzanne and Todd Pingry

Tabitha Daily Tamara Counts Teresa and Troy Ross

Tim Horton's

The Columbus Foundation
Tiffany and Jerimie Rankin, In
memory of Terry Kramer

Tracy Plouck

Trinity United Methodist Women, Mt. Gilead

United Way of Delaware Co. Unity Church of Delaware

Vanessa Marks Vessel Community Church – Mt. Gilead

Walmart Wendy Piper



HELPLINE STAFF RECOGNITION

Leslie Baldwin, B.A. Fiscal Director 15 years

Chris Campo, CIRS Hotline/I&R Specialist 8 years

Connie Carter, B.A., LSW Receptionist/Admin Asst 9 years

Erin Coss, AA Training Coordinator 3 years

Megan Cotrell, B.S. Hotline/I&R Specialist 2 years

Jason Counts, BSW, LSW, CIRS Hotline Services Coordinator 7 years

Tabitha Daily, B.A. Hotline/I&R Specialist 1 year

Mary Damico, B.S., CIRS, CRS I & R/2-1-1 Director 22 years

Colleen Dennis, B.S. Connections Project Manager 4 years

Shannon Farley Hotline/I&R Specialist, Volunteer Coordinator 1.5 years

Nora Flanagan, B.A., M.F.A. SARN Coordinator DelMor 5 years

Audia Fraley, B.A. Suicide Prevention Educator 1 year

Lauren Fritch, B.A. Violence Prevention Educator 1 year Sarah Hannah, B.A. Violence Prevention Educator <1 year

Susan Hanson, MSW, LISW-S Executive Director 20 years

Amy Hawthorne, B.S. Youth Led Prevention/PEACE Coordinator 2 years

Janet Haycox Administrative Assistant 13 years

Yushan Hayman, B.A. Hotline/I&R Specialist 2 years

Stephanie Hummel, CIRS, CRS Hotline/I&R/Database Specialist 16 vears

Carol Lawrence, CIRS Hotline/I&R Specialist 16 years

Emma Manier, B.A. Suicide Prevention Educator <1 year

Melinda Metz, B.A. Senior Leadership Coord. 1.5 years

Gloria Minor Bookkeeper/Receptionist 17 years

Suzanne Pingry, B.S. Connections Program Director 16 years

Michelle Price, B.A. Suicide Prevention Coord. <1 year

Tiana Purvis, MSW, LISW-S Associate Director <1 year Elisabeth Quilter, B.A., CIRS Hotline/I&R Specialist 15 years

Nancy Radcliffe, B.A. Sexual Assault Services Director 5 years

Jim Rundle, MSW, LISW-S Clinical Director 15 years

Tabitha Smith, BSW SARN Coordinator Crawford/Wyandot Cos <1 year

Allison Vance Hotline/I&R Specialist 5 years

Kathleen Vance, B.S., CIRS Hotline, Scheduling Coordinator 19 years

Aaron Bryant*
Violence Prevention Educator

Louanne Hufford* SARN Direct Svcs Specialist Crawford & Wyandot Co

Max Lencl, M.A., LPCC* Suicide Prevention Coordinator

Linda Owings, CIRS* Hotline/I&R Specialist

Prahbjot Virk, B.A.* Violence Prevention Educator

<u>Direct Service Contractors</u> Andrew Aquino, M.A. Stanya Greathouse, M.A., M.Ed Julianna Nemeth, M.A., Ph.D

CIRS - Certified Information and Referral Specialist CRS - Certified Resource Specialist *No longer with HelpLine as of Sept. 2015

HELPLINE VOLUNTEER RECOGNITION

Thank you to our dedicated volunteers!

SARN Volunteers

Penny Bennett
Cathy Buehrer
Jessica Cimino
Jamie Clark
Kim Eckart
Shilo Gall
Jason Hughes
Brenda Jordan

Minnie Kanwar (Mandeep)

Dawn Manilla
Ellie McCoy
Liz McDougle
Katie Murray
Darlene Steward
Jeannine Tupps
Emily Uline-Olmstead

Violence Prevention

Volunteers Ariel Hirsh

Hotline Volunteers

Ed Hoar Tracy Plouck

Connections Pen Pal Volunteers

Volunteers Liz Barker LaVonne Bartlett Wilma (Willie) Baum Glenna Butler **David Confer** Kay Conklin Linda Cox Ann Davis Linda Edwards Rachel Edwards Bob Erlandson Kimberly Faulkner Lew Fikes Martha Fikes Sherri Finley Terri Fling Linda Gaffey Lynn Gallagher Kit Gordon

Clara Gucwa

Enid Horn

Karen Hildebrand

Di Huston Jane Jackson **Bev Jones** Carol Jones Josephine Lake Janet Laster Barb Leidinger Elise Little Jayne Marcum Marcia MCCov Debbie McMillan Nancy Miller Georgeanna Mills Donna Morton Jan Oyster Trudy Poole Judy Price Al Quinn Bonnie Ristau Laurie Schaefer Delma Stevens Cathy Taylor Cindy Tolene Caroline Tudor Debbie Ufferman John Wiesner

Suicide Prevention Volunteers – MP Confirming

Denise Meine-Graham Kim Trebonik Adam Piccin Jenea Dominguez Ava Fiddle

Sara Worman

Connections Senior Companion Volunteers

Betty Blair
Jenea Dominguez
Vicky Doutt
Bob Erlandson
Margo Ferguson
Ingeborg Khatchadourian
Pat McDougall
Denise Meine-Graham
Judy Noice
Adam Piccin
Pat Townsend
Kim Trebonik
Paula Willhoft

Additional Volunteers

Margie and Chris West Babs Malcomson Marlene Chinsky

Are you ready to make a difference in someone's life? Do you want to learn new skills, while helping others? Becoming a HelpLine volunteer will allow you to invest in the lives of others, who often in turn, bring something altruistic into your life.

Visit www.helplinedelmor.org/volunteer

SPECIAL NOTE ON STAFF MEMBERS RECOGNIZED FOR YEARS OF SERVICE:

Recognized for 5 years of Service

Nancy Radcliffe, Director of Sexual Assault Services Nora Flanagan, SARN Coordinator Allison Vance, Contingency Hotline Specialist Emily Uline-Olmstead, SARN Volunteer

Recognized for 15 years of Service

Jim Rundle, Clinical Director Leslie Baldwin, Fiscal Director

Jim Rundle, MSW, LISW-S, Clinical Director was formally recognized with the Helping Hands award, given by the Delaware Morrow Mental Health & Recovery Services Board at their annual meeting on November 12th, 2015.





2015 Lucile P. Ubben Volunteer of the Year Award Kimberly Eckart

Kimberly Eckart has been awarded Volunteer of the Year at HelpLine of Delaware and Morrow Counties, Inc. by the Sexual Assault Services staff. She has been a dedicated Sexual Assault Response Network (SARN) Volunteer Advocate for almost two years. She goes above and beyond in all aspects of volunteering for HelpLine - she even graciously responded to a call out when she wasn't originally scheduled! Survivors of sexual assault appreciate her deep compassion and empathy for them in one of the darkest times of their lives. The Sexual Assault Services team appreciates her dedication and commitment to the program and is honored to have her by their side. Thank you, Kim for joining us and playing a huge part in the fight against sexual violence.

About the Volunteer of the Year Award: The Volunteer of Year Award is presented annually to a volunteer(s) who has demonstrated an exemplary record of volunteer service and a significant contribution to the mission of HelpLine. Nominations are solicited from HelpLine Board of Directors, staff and volunteers.





2015 Katherine Gharrity Community Service Award The Delaware Police Department & The Delaware County Sheriff's Office

This year, HelpLine would like to recognize the Delaware Police Department and the Delaware County Sheriff's Office with the Katherine Gharrity Community Service Award. HelpLine could not meet our mission to connect those who are struggling with emergency and other critical services without their support. There are times when HelpLine needs health and well-being checks for citizens who are struggling with feelings of hopelessness, severe and persistent mental illness, or safety concerns. These local law enforcement agencies have shown kindness, respect, and professionalism to both HelpLine staff and Delaware City and County residents we serve as well as a strong willingness to partner with a variety of agencies to ensure the safety and well being of our communities. They have our sincere gratitude.

About the Katherine Gharrity Community Service Award: The Katherine Gharrity Community Service Award is given annually to an individual or organization in the community which has extended outstanding support in helping HelpLine meet the needs of citizens in Delaware and Morrow Counties.

COMMUNITY

HELPLINE FUNDERS

THANKS

Delaware-Morrow Mental Health & Recovery Services Board, United Way of Delaware County, SourcePoint, Ohio Department of Health, Women's Fund of Central Ohio, United Way of Morrow County, Office of Criminal Justice Services, Ohio Attorney General's Victims of Crime office, Emerson Network Power/Liebert Corp., National Lifeline Suicide

Prevention Network, Women's Leadership Network, United Way of Union County, **Substance Abuse and Mental Health Services Administration**

Additionally we appreciate the support of individual donors, groups and local business!

TAKE ACTION!

DONATE

- 1. DONATE—A growing percentage of HelpLine's budget must come from community partners like you. We challenge you today to make a monthly commitment to HelpLine, big or small. YOU can make the difference!
- 2. VOLUNTEER—there are many volunteer opportunities with HelpLine ranging from a one day event help to on-going consumer work. Learn more online at: www.helplinedelmor.org.
- 3. SPREAD THE WORD—share this report with 3 people you think could either support HelpLine's mission and vision or you think could benefit from our services.

We need your help to help others. Do you have a heartfelt desire to assist others in your community but are not sure how? Have you benefited from the help of others and now want to give something back? Please consider making a tax-deductible donation by cash, check or money order payable to HelpLine of Delaware and Morrow Counties, Inc., to help us continue in assisting individuals and families toward safety, security and self-sufficiency. Visit us at www.helplinedelmor.org/donate.

If you are interested in including HelpLine in your estate planning, please contact Sue Hanson, Executive Director at 740.363.1835 or shanson@helplinedelmor.org. HelpLine is a tax exempt organization under the 501 (c) 3 Internal Revenue Code.









Delaware County Suicide Prevention Coalition brings the community together in support and for prevention.

Delaware County – www.helplinedelmor.org 11 N. Franklin Street, Delaware, Ohio 43015

Hotline: 740.369.3316

211/I&R: 211

Business Line: 740.363.1835

Morrow County – www.helplinedelmor.org 950 Meadow Drive, Suite B, Mt. Gilead, Ohio 43338

Hotline: 419.947.2520

211/I&R: 211

Business Line: 419.946.1350 Toll Free: 1.800.684.2324

Deaf or Hard of Hearing: 711 or 1.800.750.0750 Language Services Available

Connections Volunteer Center – www.connectionsvolunteercenter.org 39 W. Winter Street, Delaware, Ohio 43015

Business Line: 740.363.5000

HelpLine is an Equal Opportunity Employer/Provider Connect: facebook.com/helplinedelmor - Twitter @helplinedelmor

