



HelpLine

Of Delaware and Morrow Counties, Inc.



with
help
comes
hope.

2011 Annual Report

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With Help Comes Hope...



Dear Friends,

In 2010, in just one of our counties, there were 8 deaths declared as suicides. In 2011 alone, in that same county, there were 8 deaths by suicide in the first four months of the year, 3 of those individuals were under the age of 18. Here is some of what we know about suicide:

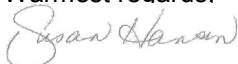
- Someone dies by suicide every 15.2 minutes in the United States
- It is estimated that for every death by suicide, there are at least 6 survivors impacted, and surviving family members are at higher risk of suicide and emotional problems.
- Suicide is the third leading cause of death for youth 15 to 24 years of age.

Fortunately we also know

- Most people who are suicidal do want to live, they just don't see any other alternative.
- Most people give clear warning signs of their intent and if others around them have been educated about those signs and what to do about them, help can be found.
- Severe depression, a major condition associated with most completed suicides, is both recognizable and treatable in most cases.
- Protective factors, characteristics associated with youth not engaging in suicidal behavior, such as family and school connectedness, safe schools, academic achievement, and self-esteem* can be increased through intentional, culturally inclusive programming.

By educating gatekeepers, building awareness in schools, screening our youth at risk, increasing the broader communities understanding around warnings signs and where to get help, and addressing the needs of survivors, we can bring hope and live saving help to those who suffering and see no other solution. A special thanks to our local Delaware Morrow Mental Health & Recovery Services Board who, after identifying preventing suicide as a primary strategic goal, designated funding essential to these efforts. Many thanks to our communities for passing the renewal levy for mental health & recovery this past November which will ensure we can continue life saving suicide prevention. And a salute to our coalition partners in both counties for being a key part of community wide efforts to ensure those in our communities who are at risk of suicide, struggling with despair and despondency, can again look to life with hope for a healthier and happier future.

Warmest regards.



Susan Hanson Executive Director

*Kaminski et al, J Youth Adol, 2010; Eisenberg et al., J Ped, 2007; Borowsky et al., Pediatrics, 2001; Sharaf et al., JCAPN, 2009

Sources of suicide data: American Association of Suicidology & the Suicide Prevention Resource Center

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impact

2-1-1/Information and Referral

2-1-1 is the easy-to-remember number to call for access to local community and human service information. The free, 24-hour service provides comprehensive information on topics including food and shelter providers, county and city information or special services for older adults, people with psychiatric and/or physical disabilities, sexual assault survivors, victims of other crimes, and those in need after hours when other agencies are closed. In FY 2011, a total of 12,157 referrals were completed. The top three reasons for calling 2-1-1 were:

Financial assistance	3,341
Psychiatric help	2,363
Relationships	1,045

In Morrow County a total of 162 financial appointments were given to help families and individuals with rent and utilities using

- \$10,091 from the Salvation Army funds,
- \$9,045 from Emergency Food and Shelter Program funds,
- \$1,617.76 from Columbia Gas fund and
- \$1,000 from AEP.

Another 147 households were helped through our hotline with \$6,344 to help with other needs such as

- prescriptions,
- food,
- diapers,
- gasoline and
- emergency lodging.

Last year in partnership with Salvation Army, 81 struggling families in Morrow County were helped with \$1,835 in school supplies. And, together with the Red Cross, devastated Mt. Gilead flood victims were assisted in their recovery—families were helped with materials so that they could repair their homes and make them habitable once more.

In Delaware County 105 callers to our hotline were helped with emergency food, prescriptions, emergency lodging, gasoline, bus tokens and diapers totaling \$4,194.89 from funding through United Way. Together with People In Need, 105 households who had no where else to go or had no food, were provided emergency lodging and food to keep them safe and fed after hours until other agencies opened.

2-1-1 is the primary access point for the mental health & substance abuse recovery system as well several other key programs in both counties. Homeless families are linked with the Salvation Army Housing programs in Delaware & Morrow Counties so they can become housed, stable, and self sufficient. Households that can benefit from help with tax preparation so they can access the Earned income Tax Credit are linked with the VITA program. People needing life saving, emergency mental health services were connected to our local mental health center after hours.

Making a Difference: Jessica's Story

Jessica (not her real name) was struggling with terrible grief after losing her son in a car accident. Sadly, this was the second child she had lost as another had passed away as an infant. The shock and grief of losing her son was devastating. She took FMLA leave from her work for a few weeks but then returned to work despite being overwhelmed with grief and depression. She worked at a stressful call center and prior to her son dying had maintained perfect attendance and had excellent evaluations. She did her best when she returned to work but it was a struggle to even get out of bed in the morning. She continued to fight through the depression but ended up terminated from her job. Her depression worsened when she could no longer meet her bills and she began to feel completely hopeless.

She called Helpline after receiving a water disconnect. The Helpline worker talked with her about her loss and the grief she was experiencing and encouraged her to seek out a bereavement support group as well as follow up with the counseling she had already scheduled. She was given referrals for prescription assistance programs and Salvation Army funds were used to assist her with the water bill and some gasoline to get to her doctor's appointment. The Helpline worker also helped her with an application for assistance through the Independent Living Center of North Central Ohio which assists the disabled with emergency needs and advocated with them in her regard. As a result, she was able to get one month's rental assistance.

That assistance with water and rent took a lot of stress away and Jessica felt that her situation was beginning to improve. She was considering making a career change and possibly returning to school to get a job in the medical profession. She felt hopeful about the financial situation and was working with a counselor and her doctor to get the depression under control. She was extremely appreciative to Helpline for the compassion and assistance in her time of need.



impact

24-Hour Support and Information Line

The 24-hour crisis support and information hotline provides caring, non-judgmental support to individuals and families in crisis. The free, confidential hotline provides support for those needing financial assistance, coping with depression or mental illness, surviving a sexual assault or just needing someone to talk to.

In FY 2011, 10,874 calls were received by the 24-hour support and information line. Of the calls, nearly 14,846 different needs were identified as many callers were overwhelmed with multiple needs. Certified Specialists were able to respond and assist individuals and households in the following ways:

- 489 callers were provided advocacy services, a 49% increase over the prior year. There are times when people have tried to get the services they need but are unsuccessful. In these instances, HelpLine contacts service providers directly to go to bat for the caller.
- 4329 callers were connected to services that addressed mental health issues including thoughts of suicide, depression, grief after the loss of a loved one, or chronic mental illness. A further assessment of these calls revealed:
 - ◇ 529 calls were concerning suicide and depression, a 31% increase over the prior year
 - ◇ 238 calls were related to anxiety and stress
 - ◇ 363 calls were around substance abuse issues, a 52% increase over the prior year
 - ◇ 734 calls were for those who just needed to talk
- 3341 callers identified needs around rent, utility, mortgage assistance
- 737 victims of crime were identified and received help through the hotline
- 3464 needs were reported related to housing such as need to move, being homeless, inability to pay for rent, mortgage or utilities.
- 465 needs related to sexual assault, child sexual abuse, or adults sexual abused as children

The hotline continues to expand outreach and follow up services to ensure the safety and well being of Delaware and Morrow County community residents. Specifically, HelpLine successfully assisted 439 households by halting utility shut offs, providing food, preventing eviction, and helping with prescription costs through collaboration with other agencies such as PIN and Community Action. In addition, the HelpLine staff made 205 outreach calls to individuals who had initially contacted the HelpLine when suicidal or had a concerned friend or loved one contact us, to check in on how they were doing and if they needed additional assistance. And we worked closely with our law enforcement partners including the Delaware Police Dept and both county Sheriff's offices again to ensure those individuals got the help they needed.

Of special note, of the nine paid hotline staff, five have been with HelpLine for over 10 years and are all Alliance of Information and Referral Systems (AIRS) certified. Additionally, of the four volunteers working the hotline, three have been with HelpLine for more than 20 years and the fourth, over five years.

Making a Difference:

With Help, There's Hope...

James (not his real name) had been struggling with depression for some time. He was being treated by his medical doctor and on anti-depressants and managing it. He had worked the same job for thirty years and was proud of being a good provider and having a nice home for his wife and three children. The company where he worked closed and as financial concerns and the stress of trying to find a new job increased so did his depression. Then his father committed suicide. He was close to his father and that unexpected death and his grief caused him to further decline.

James finally decided that financially and emotionally his family would be better off without him and he decided to kill himself. He had a gun and bullets and began to make preparations for his suicide. However, in the midst of that decision, he looked in the phone book and saw Helpline listed under suicide prevention and picked up the phone.

James was connected to a hotline worker and told her, "I am going to end it." He told the worker he had a gun and planned to kill himself. She talked with him and found that his own father had recently killed himself and they talked for 45 minutes about the grief he was feeling for his dad and the depression and emotional pain he was suffering. She talked with him about his family and the grief he was feeling for his dad, they would feel for him. She reflected that he had called the hotline because he wanted help....some part of him wanted to live and he finally agreed that was true. She asked him if he would be willing to talk with a counselor today and he agreed. She kept him on the phone and made arrangements with the local counseling center for an immediate appointment and offered funds to help with his gasoline to get to that appointment.

James drove himself to the appointment and the counselor was very helpful to him and he began to feel some hope. For James, talking to someone who cared that day helped save his life. James was very appreciative that he saw the Helpline listing in the phone book and for Helpline being there for him when he needed them.



impact

Sexual Assault Response Network

SARN is a 24-hour crisis support service to survivors of sexual assault. Advocates are available to assist survivors at the hospital and with law enforcement immediately following an assault, and can help connect a survivor to the resources at HelpLine and in our community. Continuous care and trauma informed support is offered through therapeutic workshops and an annual survivor-led retreat.

In FY 2011, 139 survivors of sexual assault received crisis intervention, therapeutic one on one, group support, follow up, and advocacy services to help them heal from the trauma of sexual assault. In sum, the SARN program:

- Provided crisis intervention for 52 sexual assault survivors
- Delivered group support group services to 35 survivors
- Provide linkage to healing services to 63 survivors
- Supplied 10,290 volunteer hours to survivors of sexual assault
- Trained 29 new SARN advocates

Of special note, the SARN Coordinator was able to get the Morrow County SART re-established, the county wide protocol updated and the team meeting regularly. The primary goal of this group is to provide quality, comprehensive services to those reporting sexual violence. This team had become inactive over the past several years. It cannot be overstated how critical having a well functioning SART team is to victim healing.

“Since the advent of the rape crisis movement in the early 1970’s, women and men have organized to end sexual violence, to provide comprehensive, quality services for survivors of sexual assault, and to improve systems’ response to sexual assault survivors. Burgess and Holstrom, in their groundbreaking study of rape survivors, found that “the psychological consequences to a rape victim can be increased or diminished by the responses of law enforcement personnel and health care providers” (as cited in Cohen, Donohue and Kovener, 1996). In seeking ways to treat and collect evidence from sexual assault victims with more sensitivity and effectiveness, and to ensure empowerment rather than revictimization, some communities have established Sexual Assault Response Teams (SART).”
(Developing a Sexual Assault Response Team, KY Association of Sexual Assault Programs, 1997)

As in previous years, HelpLine provided a workshop to female survivors currently incarcerated at the Scioto Juvenile Correctional Facility in 2011. Twenty-nine girls participated in healing exercises such as journal writing, sharing and artistic work. HelpLine intends to continue to provide this in the future as the feedback from the young women has been very positive. During a follow up activity where survivors on the outside wrote to survivors on the inside and sent handmade bookmarks, 100% of the SJCF participants indicated feeling safer and 100% reported that they were satisfied with the services provided.

Additionally, Ohio Wesleyan University (OWU) extended its annual invitation to SARN to participate in “Take Back the Night” - a nationally observed event that empowers and supports survivors, raises awareness, helps those in pain, and asserts that it is wrong for people to live in fear of the night or any time of day. In April, HelpLine participated in Sexual Assault Awareness Month (SAAM) 2011 Events, including: Walk A Mile In Her Shoes, an event which focuses on male participation in an effort to draw attention to Violence Against Women and put on trainings for professionals on Human Trafficking in partnership with the Ohio Attorney General’s Office.

Making a Difference: Survivor Voices

"We loved our advocate, she helped us through a horrible situation and didn't blame my daughter" and "My advocate was an angel". "Thank you for being there between support meetings for phone support, I really needed a friendly voice". There is an ongoing criminal case we are assisting on and that survivor told us "You and the Detective are the only ones I trust. Thank you for giving me all my options and letting me decide how to proceed."

"I don't know what I would have done without you", "You were there when no one else was", "You made it easy to talk about what happened to me and why I am still struggling all these years later" "This was the first time I ever talked to anyone or ever said the word rape in regard to what happened" "We appreciate all you do" "Thanks for remembering us!"

"We loved the advocate who met us at the hospital!" "I got a lot out of The Healing Circle and will come again" "Thank you, I had no one left to turn to"

"You are a guardian angel" "Thank you for being available after hours, you saved me" "Thanks for our Saturday support group, I needed it so much today" "I couldn't have gotten through this without your calm and professional yet compassionate presence!!!"

"So cool you can come to me and save me the drive" "Thank you for going out of your way and coming to my house, it made me feel safe"

"I am so glad I had somewhere to turn"

"Thank god for Nora". "It is so nice to have someone believe me no matter what"

"I am so glad there is a support group for us!"

-Excerpts from Survivors' e-mails, letters, evaluations in FY 2011



impact

Family Education and Support Services

The mission of this program is to provide in home education and support to families including practical education and modeling in effective discipline, tackling difficult behaviors, managing frustration, gaining confidence, and improving familial relationships.

Family Education and Support helps families in:

- Practicing effective parenting
- Advocating for a child with special needs
- Accessing community resources or aid programs

The Family Education and Support Services program provides support to parents and guardians who want help with parenting or advocating for their child. The program is individualized to fit families' needs. It is designed to make the most of families' strengths and make use of their existing support system of friends, family, and others important in their lives.

Educational topics include:

- Special needs
- Parenting grandchildren/adopted children
- Emotional/behavioral disorders (ADHD, anxiety, bi-polar)
- Healthy communication
- Boundary setting
- Chores/homework
- Blended family issues

During this fiscal year, the Family Education and Support Program worked intensively with 10 families, impacting 41 family members. Parent education, advocacy, therapeutic support, and mental health education was provided and the program partnered with a variety of professionals in order to help families. As a result, there were more than 200 individual contacts.

Referrals to the Family Education and Support program in FY2011 originated from a variety of sources such as HelpLine 24-Hour Support & Information Line, The STARS (Students Achieving Results with Support) program through Highland and Northmor schools, Morrow Co. Children's Services, and a Guardian Ad Litem.

Making a Difference: Emily

The Need

A teenage girl, "Emily," along with her brother, was placed with her dad and stepmom due to safety concerns at her mom's house. The new family situation placed a strain upon the family because the family's living space was not large enough to accommodate two more people, and Emily had some difficulties adapting to the expectations in their new home. In addition, Emily struggled with crippling fears and anxiety stemming from trauma she had experienced in her previous living environment. The family also expressed needs for a younger child to be assessed for developmental delays, and for another family member to receive support for medical concerns.

The Process

The Family Education and Support Coordinator met with the parents to discuss strategies for acclimating the children to the new living situation, and also met with the whole family to discuss rules, privileges, and consequences. The Family Education and Support Coordinator connected Emily with HelpLine's Trauma Specialist for therapy. The Family Education and Support Coordinator also provided the family with information and contacts to help with issues in housing, child development, and healthcare. Professionals from various agencies collaborated on this case, and Emily's father reported that he felt like his situation was improving after years of feeling like no one was listening to him.

The Results

The family was able to find a solution to their housing situation. The child with developmental concerns was assessed and began attending an educational program, and the family member with health problems was able to access health resources. Emily responded well to increased structure and stability in her new family life; she began to show more positive behaviors and reported less anxiety. Emily is currently getting good grades and making lots of friends. She dreams of going to Harvard someday and becoming a lawyer so she can help others.



impact

PEACE Collaborative

The Delaware County PEACE Collaborative was created in 2008 as a result of a community planning process and in response to severe cuts in available prevention funding. The goal of the PEACE Collaborative is to have agencies providing prevention work together, with schools, to provide comprehensive, age-appropriate, and non-duplicative programming designed to best meet the needs of all youth and school curriculum standards.

Their mission is to promote comprehensive prevention education and positive youth development in all Delaware County schools through community collaboration such that children achieve academic success in a supportive, healthy school environment.. Strategic goals of the collaborative are;

- Launching the PEACE Collaborative as a Foundation of Prevention in Delaware County
- Coordinating and Operationalizing Prevention Strategies in Delaware County
- Advocating for and Advising on Prevention Policies and Practices.

However in FY11, due to loss of funding, the Collaborative was unable to sustain a coordinator. As a result, the group met without one and decided to table some of the strategic goals for the year, until a coordinator could help the group develop a new plan. Eventually, HelpLine was able to secure funds to hire a part-time coordinator.

As a result of the support and guidance of dedicated community members the PEACE Collaborative hopes to sustain its work on behalf of youth prevention long into the future.

MIMES Project

The Morrow County MIMHES Project (Morrow Increasing Mental Health in Elementary Schools) is a collaboration among two school districts and community service providers, one of which is HelpLine, to “proactively and comprehensively maintain and expand counseling programs in elementary schools in Morrow County.” Highland and Northmor schools districts have lead efforts to address social, emotional, and non-academic barriers to student academic achievement. Both have worked fervently to institute best practices and have established one-of-a-kind site-based services for children to impact obstacles such as poverty, emotional and behavioral issues rooted in past trauma, lack of parenting skills or family violence.

In FY2011, HelpLine employed a Trauma Specialist who provided trauma-informed cognitive behavioral therapy to elementary aged children in both school districts. As a result, teachers reported a decrease in in class negative behaviors and a significant increase in those children’s ability to engage in the learning process.



Making a Difference: Kaley's Story

5 year old "Kaley" suffered from the effects of having experienced severe neglect from the age of 2 ½. It is still unclear what she endured but we do know that she was left to parent her 1 ½ year old brother and reportedly witnessed regular drug use and related behaviors. Kaley was eventually moved to a more stable and safe environment. However, when she entered kindergarten, she was unable to stay in the classroom because she would display aggressive behavior. She was frequently going to the principal's office despite her teacher's efforts to keep her in class. Kaley was referred to the Trauma Specialist for on site counseling. When Kaley began to receive treatment she was unable/unwilling to talk. Due to her young age, she had a lot of difficulty expressing herself. She would crawl under the table and rock back and forth. She had no words or understanding of feelings. She would color and scribble hard and appeared quite angry. With treatment, over time, she developed the ability to name feelings and became more comfortable and trusting with adults. Her family participated in treatment and received services from Helpline's Family Education and Support program. The Specialist and the education and support staff working together were able to provide her parents with support, knowledge and skills to help the family better understand and manage Kaley's behavior. Kaley's teacher was given some concrete and appropriate tools to successfully manage her behaviors and to help her succeed in the classroom. Kaley's behavior in class improved dramatically and she was able to pass on to first grade. So far she has not shown the same behaviors as the previous year.

impact

Stand Up Leadership Team

Studies, by the Search Institute, of more than 2.2 million young people consistently show that the more assets young people have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to thrive. The more assets young people have, the more likely they will grow up to be caring, competent, responsible young people. Helpline, along with the Delaware General Health District, foster youth assets by building upon the strength, enthusiasm and commitment of teens through the STAND UP Leadership Team (SULT). SULT, which supports and encourages teens to abstain from alcohol, tobacco and other drugs (ATOD), and promotes positive mental health and healthy relationships, made a significant mark throughout Delaware County.

Youth-led, adult-guided, SULT maintains solid ground by allowing the four strategies of successful youth prevention programming to strengthen and steer its purpose:

- Information/Education
- Personal Growth
- Environmental/Community Change
- Healthy & Safe Fun

Actions continually need to be taken to change attitudes and behaviors surrounding violence and drugs or the resulting conditions in our communities could only get exacerbated. SULT has a plan for success, alongside the four strategies of youth prevention programming, with TEENS as the core.

Bi-monthly meetings serve as a catalyst for the STAND UP Leadership Team. It is where teens decide what they want to do to make a positive difference, whether its communicating their message through social networking, individual school programming, fun events or SULT camp experiences.

Any teen living within Delaware County or attending a Delaware County school can get involved with SULT. Initially teens get involved with SULT for different reasons, such as, a friend's suggestion, community service opportunities, college applications, or maybe they feel compelled to do something positive. Whatever their reasons for involvement or skill level, SULT teens end being a positive force for their community and schools, and, ultimately, themselves!



Preparing to lead Freshman Orientation groups



STAND UP
Leadership Team • Delaware County

Making a Difference: TGIF-Thank Goodness I'm Female

Stand Up Leadership member and Buckeye Valley Sophomore **Abbey Fields**, inspired by her own experiences with **female bullying**, helped develop TGIF, a program for young girls to address relational aggression while forming, encouraging and maintaining healthy, positive friendships. Through a Women's Fund of Central Ohio grant trained Buckeye Valley High School students lead **weekly meetings in the spring and fall** with selected BVMS 6th grade girls.

The Thank Goodness I'm Female program (TGIF) is an opportunity for girls to not only express their thoughts/feelings on female friendships and relational aggression (female bullying), but to connect with each other on a level that is not often accessible at school.

Over twenty Buckeye Valley Middle School sixth grade girls (and another twenty in the fall) have been learning and discussing relational aggression. Relational aggression (RA) is a pervasive form of bullying, which intends to harm or control relationships in order to hurt another. RA is unnoticed, covert, spreads easily and, as you have already seen splashed all over the media, tragically has affected students across the U.S.. **Recently, featured on NBC4 news the girls communicated to the community RA information & their involvement in TGIF.**

Besides being youth-led and developed, another unique component of the TGIF program is that it is a cross-county collaboration between Helpline & Youth to Youth, a prevention leadership program for students in Franklin County. Both organizations work together to provide effective prevention programming for their individual selected middle schools (Buckeye Valley & Genoa) as well as collaborative efforts.

Sixth grade participant, Savannah Merriman said, "I'm involved with TGIF because it helps people stand up against female bullying. TGIF makes girls feel important; making everyone feel like an "Ace" at BVMS."

Currently, TGIF is working on a social norming campaign, which works to correct so-called "normal" behavior. This project will work to make healthy, positive female friendships the "norm" for BVMS girls. Most importantly, they have discovered they have a role in ending RA. **There are those involved who have been bullied, who have been the bully or those that stood by and watch bullying occur – they all have a story!** Each activity listed below the sixth grade girls have or are being initiated or developed:

- School newspaper articles about TGIF.
- Anonymous positive post-it notes & warm fuzzies on lockers.
- BVMS posters which promote everyone's role with RA.
- A logo to be featured on t-shirts.
- A youth-developed presentation about TGIF and RA to incoming 6th graders and their parents.
- A youth-developed video/PSA about RA.
- An art sculpture (which will be shown at local libraries, then at BVMS for orientation).

Many thanks to staff at Buckeye Valley Schools for embracing and supporting this program!



impact

Violence Prevention Education

Youth Sexual & Family Violence Prevention

In FY2011, youth sexual and family violence prevention programs reached roughly 2,220 students, from preschool age through high school at 21 schools/locations in 6 public school districts in both Delaware and Morrow Counties. HelpLine recognizes the need to provide violence prevention, much as we teach other types of safety messages, throughout the development of a child and as part of the ongoing education of the adult.

Boys and Girls Empowerment Groups

Healthy, strong girls — that's the vision for the It's a Girls World empowerment group. This multi-session age focused group seeks to cultivate a healthy self-image, promote healthy lifestyle development and relationships through the use of critical thinking and creative activities for girls ages 9 to 18 years of age. The group explores the issues that affect girls' mental, physical and emotional well-being.

Responsible, strong boys — that's the goal for the It's a Guy Thing empowerment group. This multi-session group explores gender expectations and roles, healthy relationships and ending gender violence. For boys ages 9 to 18 years of age, the group challenges common and unhealthy societal messages about what it means to be a man.

103 elementary youth participated in ten empowerment groups. 7 groups of *It's A Girl's World!* and 3 groups of *It's A Guy Thing!* were held. These groups were provided to Delaware City Schools and Johnsville & Iberia Elementary Schools in Morrow County.

Results-

- 95% of students indicated they know where to go to get help if they or a friend are assaulted.
- 93% of students were able to name one way they could intervene to prevent harassment or bullying.
- 100% of the group participants indicated that the group was helpful.

Safe Dates (Middle School) Love: All that and More (High School)

1,974 Middle and High School students received sexual and family violence prevention programs. SAFE DATES, for middle school students, and LOVE: All that and More, for high school students are both evidence-based curriculums that address dating and sexual violence prevention that reached middle and high school students through eight different school systems. These programs address the underlying causes of dating and sexual violence and equip students with the skills to make a difference in their own relationships and in relationships that their peers are engaged.

Results-

- 95% of students self reported an increase in knowledge following the workshops.
- 94.6% of students indicated a positive rating of the speaker.
- 94% of students indicated they know where to go to get help if they or a friend are sexually assaulted.

Violence Prevention Education Continued

Young Women's Lives

A 10-session Young Women's Lives group serving 7 youth was offered one evening a week to girls incarcerated at Scioto Correctional Facility. All of the girls who participated rated the speaker and content "excellent" and "very helpful". Some of their comments from the evaluations included:

Question - One thing that I can do if I see someone bullying or hurting someone is ...

"Tell someone or try to help." "Intercede in the situation. Stand up for my fellow sistas."

"Help them out and stand up for them."

Question - What did you like best about Young Women's Lives?

"Hearing others opinions about things." "Everything – it touch me a lot" "It was real and fun. Lydia is funny and really brave and smart." "I like the part that we can be ourselves and have an open discussion." "That we all listen and talk about real lives thing." "Learning how to respect people."

Question - What would you change?

"The way I act toward someone." "My relationships who I can be with and have respect for myself." "My attitude and how I go about things." "Everything that need to be changed." "How I communicate with people."

Stewards of Children: Empowering Adults to End Child Sexual Abuse

Darkness to Light's *Stewards of Children (SOC)* is an evidence-based revolutionary sexual abuse prevention training program that educates adults to prevent, recognize, and react responsibly to child sexual abuse, and motivates them to courageous action. *SOC* is a three-hour training program designed for organizations and corporations that serve children and youth. In FY2011, *SOC* trainings were provided to Sexual Assault Response Network Advocates, Delaware and Morrow County Communities, congregation members at local churches and the staff of the Community Action Organization of Delaware, Madison & Union Counties, Inc.

Of those who completed the training:

- 100% of *SOC* program participants rated the facilitator's knowledge of the material as favorable, with the average participant rating the facilitator's knowledge as 3.98 out of 4.00 on a 1 – 4 scale with 1 representing low knowledge and 4 representing high knowledge.
- 98.1% of all *SOC* program participants indicated that all five training objectives were met.

New in FY11, HelpLine began expanding outreach to area colleges and universities with intention. Through this work, we were able to connect with administrators and teachers, expanding our ability to provide prevention programming in FY12. Additionally, Violence Prevention Educators worked with HelpLine's SARN program to develop training for professionals in FY11. Topics that were covered include: Human Trafficking, Child Sexual Abuse – the Intersection of the Systems, PTSD and Sexual Assault. We remain committed to providing important, quality violence prevention educational programming for all members of our community.

impact

Suicide Prevention Education

In FY2011, Suicide Prevention programs reached 1,482 individuals in our schools and communities. These programs served 1,210 students. Red Flags, for middle school students, and Signs of Suicide, for high school students are 2-3 day, evidence-based programs that address the signs of depression and suicide as well as equip students with the skills to possibly save a life by referring them to a trusted adult.

Results:

- 71% of students demonstrated an increase in knowledge of depression by scoring 85% or better on the post test.
- 95% of students could identify an adult they can speak with if they or someone they know felt suicidal.
- “The program seemed to really impact the students. They seem to be more open to talking to me about their struggles.” – Hayes H.S. Teacher

Suicide Prevention Follow-up

Signs of Suicide (SOS) offers a screening tool to identify students who may be at risk of suicide or seem distressed and need to talk to a school or mental health professional. The teacher and presenter will talk with the student (s) after class and see that they are referred to the proper help.

Results:

- 73 students received a follow up assessment with a school professional.
- 42% of students that required a follow-up assessment as a result of the SOS screening received a same day assessment from a mental health professional.
- “I found the follow-up process very helpful and was useful in identifying hurting students”- Dempsey MS Teacher.

ASIST, Applied Suicide Intervention Skills Training, is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide. Developed by Living Works, a national leader in suicide prevention, ASIST helps persons in a position of trust become more willing, ready and able to help persons at risk for suicide. Just as “CPR” skills make physical first aid possible, training in suicide intervention develops the skills used in suicide first aid. 37 community professionals participated in the 2 day ASIST training.

Results:

- 91% of participants indicated their personal goals were met by the training.
- 88% rated the overall training a 9 or 10 on a 1-10 scale.
- “I think it was a great course. I recommend it to anyone needing to learn about suicide.”-Participant

SuicideTALK is a community-oriented program based on principles of ASIST that explores issues in suicide Prevention during a 60- to 90-minute exploration session in suicide awareness. It is intended for all members of a community ages 15 and up and provides a way to safely explore some of the most challenging attitudinal issues about suicide, and encourages every member to find a part that they can play in preventing suicide. 27 community members participated in SuicideTalk.

Results:

- 82% of participants reported an increase in knowledge of suicide from training
- 88% rated the overall training a 4 or 5 on a 1-5 scale
- “Well prepared, moved well, and held my attention.” “A hands on/practical presentation and the process was very fun and novel”-Participants

Signs of Distress is a one to three hour program designed to help adult caregivers recognize the signs of depression and suicide in others. Over 70 Meals on Wheels drivers were trained in fy2011.

Making a Difference: Purple Hands Bear-Hands Are Not for Hurt- ing



What do we call it when an adult hits his partner? Abuse.
What do we call it when a 4th grade student hits another 4th grade student? Bullying.
And, what do we call it when a 4 year old hits another 4 year old? Playing?
That 4-year-old becomes the 4th grader. And the 4th grader becomes the adult.

Primary prevention works at the roots. HelpLine wants to recognize our ongoing collaboration with The Liberty Community Center. This Center houses the preschool run by the Board of Developmental Disabilities, and students in this preschool are mainstreamed into the preschool aged classrooms. In addition, this preschool serves a diverse group of youth, serving immigrants communities, diverse religious communities, and diverse racial and economic communities. Due to the diverse needs of the students attending the preschool, HelpLine used sign language to communicate basic feelings and to reinforce the introduction of the Purple Hands Bear Pledge. The program has been incorporated into the Center's schedule. Programs are offered once during the fall, once classes have transitioned and the new school year begins and later in the year as a "booster" for safe behavior. The pledge "Hands and Words are Not For Hurting Myself or Other People" is now used as the universal standard expectation for all center youth and staff, and the children are heard saying the pledge & always love seeing Purple Hands Bear. The teachers have noticed a significant improvement in youth's ability to communicate about feelings, boundaries, and appropriate responses.

133 preschool aged youth 18 month through 4-years-old participated in ten session Purple Hands Bear programs, from Hands and Words Are Not For Hurting Project, a violence prevention and mental health promotion program. This program was developed in the Seattle school system and HelpLine has adapted the curriculum to offer our area preschools. During FY11, this program was offered to St. Mary Preschool and the Liberty Community Center. Results:

- 100% of participating classrooms recite the Hands & Words Are Not For Hurting pledge at least once a week.
- 71.4% of the teachers surveyed said there has been an increase in the development of the children's interpersonal skills and behavior with the use of the Purple Hands Preschool Curriculum.



impact

Connections Volunteer Center

Connections is the central clearinghouse for volunteering in Delaware County. Connections provides the leadership, training, education and resources that support volunteers as they improve the quality of life in the Delaware community. During FY 2011, Connections matched 1,003 volunteers to meaningful opportunities. The volunteers contributed 23,513 hours of service to the 106 nonprofit agency partners, a large percentage of who serve older adults in our community.

Connections coordinated their 4th Annual Make A Difference Day event, which involved sending 338 volunteers into the community. Connections partnered with the Council for Older Adults to connect volunteers to older adults who needed assistance completing outdoor chores. Volunteers helped 42 older adult households with leaf raking, window cleaning, gardening, and a variety of other outdoor chores. Volunteers also assisted at 17 other agency projects including a canned food drive, decorating for community Halloween parties, landscaping, and painting, among other activities.

Connections also coordinated United Way's Community Care Day in fall of 2010 by matching 129 volunteers from 14 corporations to help with 12 projects to benefit local nonprofit agencies.

Connections partnered with Senior Citizens, Inc. for the third consecutive year and expanded the Senior Pen Pal Program to include 91 seniors who were matched with 4th and 5th grade students from Buckeye Valley West and Licking Heights South Elementary Schools in a letter exchange that took place over a period of 3 months. The student and older adult read the same book and, through letter writing, share thoughts about the book and information to get acquainted. The program helps the students improve their writing skills while learning about personal, cultural, and generational experiences of older adults. Older Adults look forward to receiving the letters and find satisfaction in mentoring a student.

Connections coordinates training workshops which provide continuing education to community professionals and offer continuing education units (CEUs) to counselors and social workers. In FY 2011, Connections coordinated a total of 19 training workshops in which 213 people attended.

Connections is the site supervisor for the Senior Companion Program in Delaware County in partnership with Catholic Social Services and Council for Older Adults. Seniors are companions to other seniors who are often homebound. The companions provide friendship, help with errands, healthy conversation, and help relieve loneliness to those they serve.

Making a Difference: Big Brothers Big Sisters & Senior Companion Program

The Need

Big Brothers Big Sisters contacted Connections requesting volunteers to help with an event at Willis Intermediate School. A group of volunteers had been arranged, but unexpectedly withdrew the day before the event. Big Brothers Big Sisters were expecting over 200 mentors and students to attend the end of year party.

The Results

Connections immediately posted the information on FaceBook and sent an e-mail to _____ volunteers. By the following morning, Connections had 4 responses via FaceBook from _____ volunteers able to help with the event. The volunteers arrived that afternoon and were able to take the lead in setting up food, serving the mentors and students, and clean up afterwards. The volunteers had a great time and felt like they made a difference. Without their help, the event would have been chaotic and hard for the site director to manage alone.

The Need

Connections has the opportunity to help make a difference in the lives of older adults through the Senior Companion Program. Many of the clients that are served through this program live alone and miss the personal interaction they once had. In particular, Helen* enrolled in the program because she was feeling lonely after the loss of her spouse and felt like she had no energy to do anything. She uses a wheelchair and does not drive any longer, making it _____ difficult for her to go out. She learned about the Senior Companion Program and was matched with Zelda.

The Results

Zelda, a senior companion from Powell, began visiting with Helen once a week. Zelda and Helen enjoy their conversations together and have become friends. Zelda helps Helen pay her bills each month, has given her the _____ knowledge and confidence to ride the DATA bus, and most recently, has _____ gotten her involved in singing again, a hobby she was missing in recent years. In the past, Helen was a part of the Sweet Adelines. Now, she enjoys the time she spends at the Senior Center singing with the Golden Notes and enjoys _____ performing for others. As quoted by Zelda, Helen is "loving it." Because of the Senior Companion Program, Helen has increased her socialization as well as her _____ independence.

*name changed



financial highlights

2010-2011 General Operating Fund

Balance as of 6/30/11 \$ 280,641

Source of Funds

DMMHR SB	\$ 681,573
United Way	\$ 143,854
Council for Older Adults	\$ 77,403
Senior Companion Program	\$ 31,458
Contributions/Fundraising	\$ 40,538
Highland Grant	\$ 47,166
Connections	\$ 40,854
ODH Rape Prevention grant	\$ 44,685
VOCA/SVAA	\$ 74,088
Interest	\$ 1,482
After Hours Contracts	\$ 2,300
OCJS Grant	\$ 28,378
Family Violence Prevention	\$ 33,015
Womens Fund	\$ 20,000
VAWA ARRA Grant	\$ 19,268
JAG ARRA Grant	\$ 82,503
VOCA ARRA Grant	\$ 4,406
Other Income	\$ 19,770
Carryover	\$ 14,031

Total Source of Funds \$1,375,314
\$1,655,955

Disbursements

Salaries	\$ 795,210
Fringes	\$ 202,811
Supplies	\$ 1,771
Operating Expenses	\$ 51,117
Travel and Meetings	\$ 16,738
Insurance	\$ 5,464
Building	\$ 32,955
Telephone	\$ 39,672
Equipment	\$ 17,692
Grants	\$ 75,724
Miscellaneous	\$ 32,128

Total Disbursements \$1,271,282
Cash Balance as of 6/30/10 \$ 384,673
\$1,655,955

2010-2011 Emergency Financial Assistance Fund

Balance as of 6/30/11 \$ 2,454

Source of Funds

Contributions	\$ 2,155
FEMA	\$ 9,045
First Baptist	\$ 600
United Way Delaware	\$ 3,500
Total Source of Funds	\$ 15,300
	\$ 17,754

Disbursements

Food	\$ 325
Gasoline	\$ 541
Other	\$ 113
Medical Care	\$ 1,277
Transportation	\$ 647
Housing	\$ 11,231

Total Disbursements \$ 14,134

Cash Balance as of 6/30/11 \$ 3,620
\$ 17,754

Note: Emergency Financial Assistance funds provide direct assistance through a voucher system with rent and utilities as well as emergency help with food, prescriptions, lodging after hours when other agencies are closed. These funds are accounted for separately since they are pass through.

contributors

HelpLine of Delaware and Morrow Counties, Inc. gratefully acknowledges the following individuals, corporations and foundations for financial and in-kind gifts, sponsorships, & event support received between July 1, 2010 and June 30,

1808 American Bistro
1820 Collective
Al and Donna Ball
Alpha Industries/Dave Nuscher
Amanda Plumbing
Amato's Woodfired Pizza
Amy and Ed Hill
Amy B. Pinnick
Ann Endry
Anonymous
Anonymous
Anonymous
Anthony J. Rucci
Anthony McCann
Arthur A. Coleman III
Arts Castle
Bambi DeMeo
Bargain Outlet
Bargar's Jewelry
BeeHive Books
Berni Dodeci
Bill and Judy McCartney
Bill Steinhoff
Black Wing Shooting Center
Bob and Holly Gerspacher
Bob and Judy Horrocks
Bob and Mary Holm
Bob and Nancy Singer
Bob Greenlaw
Bonnie Ristau
Brenda and Jim Cornett
Bruce McClary
Carolyn Slone
Central Ohio Symphony
Charlton and Roxanne Amidon
Chocolates and More
Choffey's
Columbus State Community College
Corine Lyman
Cornerstone on the Square Café and Grill
Council for Older Adults
Creative Financial Services
Culvers
Dan Bennington
Daniel and Leslie Yaussy
Dave Kleman
David and Delores Smith
David Sunderman
David Thompson
Del-Mor Dwellings
Delaware Cab
Delaware City Schools
Delaware Community Market
Delaware YMCA
Delaware Court Healthcare Center
Delaware Gazette Divas & Dudes
Delaware Lions Club
Delaware Ministerial Association
Dick Leavy
Diane Selover
Dianna Schonauer
Dirk L. Rader

Don and Angela Wells
Don Chenoweth
Don Lockwood
Donatos Pizza
Dorothy Spain
DPS Antiques
Eagles
Ed Hoar
Education Sales Management
Elements of Healing
Emerson Network Power/Liebert Corp.
Fidelity Federal Savings & Loan
Fiesta Mexico
First Baptist Church, Delaware
First Presbyterian Church, Mt. Gilead
Francis Turner, In Memory of Sandy Haycox
Friend of SARN
Gardens and Gifts
George and Dee Dee Warden
Gerene S. Bauldoff
Gibson The Florist
Global Village
Grady Memorial Hospital – Ohio Health
Griffith and Brininger, LLC
Habitat Retore
Hans Blank
Herb and Kathy Baldwin
Hilborn Insurance
Hiram Masonic Lodge #18
Hoggy's
Home Depot
Honda Marysville
Hughes Family Hearing Aid Center
Ida Farahay
irwin siegel insurance agency
J. R. Borchert
Jennifer and Geoff Trainer
Jennifer Tilden
Jim Cesa
John and Teresa Thomas
Jon Peterson
Karen S. Hart
Katherine Gharrity
Kathy McWatters
Keith and Blythe Boger
Keith and Carol Burns
Kim and Mike Porter
Kimberly Darrah
Krispie Kreme
Kroger Company
Jack Hilborn
James Roesch
Jeffery S. Rizzo
Jennifer Dunkle
Jessica Forman State Farm Insurance
Jim Rundle
Jim Wilson and Hallie Serazin
Joanne Trainer, In Memory of Sandy Haycox
John and Marianne Maine Lewis

John Berner
John Donahue
Julianna Nemeth and Aaron Saling
Kiwanis, Delaware Noon Club
Larry and Diane Westbrook
Laurie A. Rinehart-Thompson
Lei Li
Linda and Mark Shearer, (Not on the) Corner Framing
Linda J. Wolcott
Loa Ransom
Loretta S. Ulrey Keys
Lori Trego
Lori Watkins
Lucinda Long
Lydia Guirguis
Lyn S. Herron
Lynne L. Schneider
Manos, Martin, Pergram, & Dietz
Mantra's
Marco's Pizza
Margie West
Maribeth Deavers
Marianne Hemmeter and Joe Schmanskey
Marlene K. Lancaster
Marsha and Scott Tilden
Marty Jenkins
Mary Damico
Mary Jane Santos
Mary Kay and Don Love
Matt and Deb Ames
Matt's Famous Kabobs
McDonald's
Meijer
Melanie Frew
Mid Ohio Balloon Adventures
MioOhio Printing
Mike Marrocco
Mill Creek Golf Club
Monty Kaiser
Morrow County YMCA
Nancy and Bob Reitz
Nancy and Jim Merhar
Nancy Radcliffe
Natalie Fravel
Nicole Endicott Darling Desserts
North Church
NOVA Restaurant
Panera Bread
Patricia Meves
Paula and John Roller
Peachblow Pottery-Gail Russell
Phyllis Brewer
Pizza Hut
Powell United Methodist Church
Ralph and Peg Benziger
Roanne Davis Damoff
Rod Glazer
Rosie Spumoni's
Sally Mann
Sara Warden
Sherry Barbosky

Sharon Embley
Shilo Gall
Speedway
Sports Ohio
St. Mark's Lutheran Church
Stanley McDonald
Steve and Debbie Martin
Steve Hedge
Steve Lebold
Strand Theater
Subway Restaurant
Susan and Jim Wright
Susan and Steven Hanson
Suzanne and Todd Pingry
Tamika Vinson
Teresa Schonauer and Troy Ross
Terry Clinger
The Quandel Group
Through the Roof Productions
Tim Flahive
Tom Loudon
Trinity United Methodist Women, Mt. Gilead
TSC
Unity in Community
Van Creasap, Shamrock Vineyards
Vicki DiLillo
Walmart
Wendy Reichardt
Williams Insurance

staff recognition

Leslie Baldwin, B.A.

Fiscal Director
11 years

Jaime Burke, B.A.*

PEACE Collaborative Coordinator
1 year

Chris Campo

Hotline/I&R Specialist
4 years

Connie Carter, B.A., LSW

Contingency Receptionist
5 years

Jason Colvin, B.A.*

Suicide Prevention Coordinator
1 year

Pamela Cooper, CIRS*

Victim Resource/Database Specialist
17 years

Jason Counts

Hotline/I&R Specialist
3 years

Colleen Dennis, B.S.

Connections Project Manager
> 1 year

Mary Damico, B.S., CIRS, CRS

I & R/2-1-1 Director
18 years

Nora Flanagan, B.A., M.F.A.

SARN Coordinator
2 years

Shilo Gall

Volunteer Coordinator
1 year

Stanya Greathouse, M.A., M.Ed.

Violence Prevention Educator
1 year

Amy Hansen, M.A.

Family Ed & Support Coordinator
1 year

Susan Hanson, M.S.W., LISW-S

Executive Director
16 years

Janet Haycox

Administrative Assistant
8 years

Stephanie Hummel

Hotline/I&R/Database Specialist
11 years

Corina Klies, B.A.

Violence Prevention Educator
5 years

Carol Lawrence, CIRS

Hotline/I&R Specialist
11 years

Max Lencl, M.A., LPC

Suicide Prevention Coordinator
> 1 year

Lucinda Long*

Connections Program Assistant
10 years

Aimee McCann, M.S.W., LISW-S

Trauma Specialist
8 years

Michelle Mendel, B.A.

Suicide Prevention Educator
> 1 year

Gloria Minor

Bookkeeper/Receptionist
13 years

Mechelle Minturn*

Suicide Prevention Educator
> 1 year

Julianna Nemeth, M.A.*

Prevention Director
6 years

Hank Owings

Hotline/I&R Specialist
> 1 year

Linda Owings, CIRS

Hotline/I&R Specialist
11 years

Suzanne Pingry, B.S.

Connections Program Director
12 years

Nancy Radcliff, B.S.

Sexual Assault Services Director
1 year

Jim Rundle, M.S.W., LISW-S

Clinical Director
11 years

Elisabeth Quilter, B.A., CIRS

Hotline/I&R Specialist
11 years

Ben Schenko, B.A., M.Ed.

PEACE Collaborative Coordinator
> 1 year

Jennifer Tewell, B.S.

Violence Prevention Educator
Communications Consultant
1 year

Allison Vance

Hotline/I&R Specialist
1 year

Kathleen Vance, B.S., CIRS

Hotline Coordinator
15 years

Brandee Urban, B.A.

Youth Empowerment Coordinator/
Violence Prevention Educator
2 years

Tamika Vinson, B.A.*

Outreach Coordinator
5 years

Margie West, B.A.

Connections Senior
Leadership Coordinator
4 years

Josh Williams, M.S.W., LSW*

Violence Prevention Educator
1 year

CIRS - Certified Information and Referral Specialist

CRS - Certified Resource Specialist

** - No longer with HelpLine as of December 31, 2011*

volunteer appreciation

HelpLine is extremely fortunate to have many skilled and dedicated volunteers. We salute their commitment and willingness to give of their time to make a difference!

Connections Volunteer Center - Workshop Trainers

Drew Aquino, Certified ASIST Trainer

Jason Colvin, BA, Certified ASIST Trainer

Brent Currence, Retired Sargeant Ohio State Highway Patrol

Micaela Deming, Esq.

Barbara Jo Dennison, Ph.D, Psychologist

Officer Dave Ferimore and Officer Anna Stevenson, OSU Police Dept of Public Safety

Chris Nemeth, LISW-S, Nemeth Counseling and Consultation

Julianna Nemeth, M.A., Certified ASIST Trainer

Nancy Radcliffe, Sexual Assault Services Director, HelpLine

Jennifer Tewell and Allison Newman, Certified Stewards of Children Trainers

Tammy Tingle, Investigator, State of Ohio CSWMFT Board

Trish Wright and Elicia Tracy, Delaware Co. Office of Victim Services

HelpLine 24-Hour Support & Info Line

Ed Hoar

Tom King

Loa Ransom

Tracy Plouck

Sexual Assault Response Network

Janice Buno

Monica Provence

Megan Cochran

Emily Uline

Chrissy Grey

Jodi Schermerhorn

Lisa Lemaster

Kelly Scott

Alison Maurice

Ginger Willinger

Ariel Meigs

Christina Winkoop

Allison Newman

Survivors of Suicide Support Group

Jessica Wehrle

Prevention Volunteers

Janice Buno

Sgt. John Radabaugh

Amber Kimberling

Jami Reidmiller

Lynne Leibrand

JoEllen Smith

Julianna Nemeth

Jessica Wells

Allison Newman

awards

2011 Volunteer of the Year:

Allison Newman



Allison has been a Sexual Assault Response Network volunteer with HelpLine since 2009. She has also been a Stewards of Children volunteer facilitator since 2009, the training of which she initiated and paid for herself. She and her husband own their own business, Electronic Commodity Corporation in Dublin, Ohio. They have a high school age daughter and Allison is currently attending graduate school to become a Marriage and Family Therapist. Most recently, Allison agreed to serve on the Board of Directors of HelpLine.

Allison is clearly dedicated to helping others. Since 2004, she and her husband have been dedicated volunteers and financial supporters of the Columbus Madlab Theater. They were key in that program's acquisition of their own building and her husband currently sits on the

Board. She is currently a member of the Community Advisory Board of the Ohio State University/Coriell Genetic Research Project and a former Girl Scout leader. Allison is a graduate of Kenyon College and has resided in Delaware County for 19 years. Allison is currently doing a field placement at Rosemont in Columbus.

Allison's tremendous energy, deep compassion, and wonderful sense of responsibility to her community make her a very special individual and someone HelpLine is very fortunate and privileged to have as a part of the HelpLine family. It is our extraordinary pleasure to take this opportunity to recognize Allison's outstanding accomplishments in the area of volunteering.

About the Volunteer of the Year Award:

The Volunteer of Year Award is presented annually to a volunteer (s) who have demonstrated an exemplary record of volunteer service and a significant contribution to the mission of HelpLine. Nominations are solicited from HelpLine Board of Directors, staff and volunteers. The annual Awards Committee and Volunteer Coordinator serve as the selecting body.

201 Katherine Gharrity Community Service Award

Rosemary Levings



Rosemary worked as Director for the Morrow County Chamber of Commerce and United Way of Morrow County for 16 years. While Director, she was also involved in several organizations such as: Habitat for Humanity, Salvation Army, YMCA of Morrow County, Marketing Morrow, MCTC Board, HR Council, and Local and DKMM WIA Boards. Today she is still on the Salvation Army and YMCA Boards as well as on the Whetstone Family Center Board.

Rosemary retired in 2011 and is currently enjoying her family. She has been married to Darrell Levings for 46 years. They have two children, Angela Widman and Jeffery Levings, and six grandchildren – Jarrett, Jeffery, Jamison, and Aubrey Levings and Natalie and Emma Rose Widman. Rosemary and her husband enjoy cruising and spending time with their family. Rosemary is a member of the Edison United Methodist Church and active in the United Methodist Women and serves as Choir Director for the Adult Choir.

Congratulations to Rosemary and best wishes in her retirement!

Previous Award Recipients:

2010 Sue Pasters & the Ohio Wesleyan University Community Service Learning Office

2009 Morrow County Salvation Army

2008 Heather Crosbie and John Radabaugh

2007 Rebecca Tyne

2006 Mary Jean Hickson (posthumously), First Baptist Church Delaware

2005 Sally Hinshaw Northmor Schools, Jim McCullough Highland Schools

2004 Sue Pastors, Director, OWU Community Service Learning Office

2003 Consolidated Electric Cooperative

2002 Ruth Downing, Grady Memorial Hospital SANE Program

2001 Greig Douglas on behalf of St. Vincent DePaul Society of St. Mary's Catholic Church

2000 Lucile Ubben

1999 Morrow County Transportation Collaborative and Jean Koenig on behalf of Liberty Presbyterian Church

1998 Robert Held, Delaware Cab

1997 Katherine Gharrity

About the Katherine Gharrity Community Service Award:

The Katherine Gharrity Community Service Award is given annually to an individual or organization in the community which has extended outstanding support in helping HelpLine meet the needs of citizens in Delaware and Morrow Counties.

2011 Presidents Youth Service Awards

Ariana Woods and Abbey Fields

SULT honored two of its STAND UP Leadership Team students who gave over 100 hours of service to the program in the 2010-2011 school year with the President's Volunteer Youth Service Award to recognize the valuable contributions they made to the community.



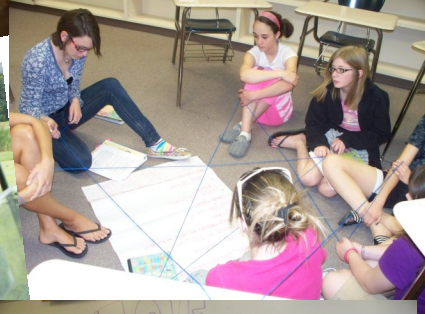
Ariana Woods, Village Academy Senior, came to STAND UP through attending the December leadership retreat. Ariana attended the retreat by herself which was very admirable — she is forward thinking and not afraid to try new things. Her school administrators upon learning of Ariana receiving this award proclaimed Ariana to be an amazing young woman, committed and a force to be reckoned with.

She has only been involved with SULT less than a year and has accumulated 100 hours of volunteer service. She volunteered at her first SULT meeting to serve as a SULT delegate as a member of the Allocations grant committee for the United Way. Ariana also staffed our recent Leadership Camp for high school teens – where she went above and beyond her role by serving as a youth staff leader throughout the weekend camp for 50 teens. In May, she developed a programming agenda then presented activities to teens & kids going through the Parent Project, a program for first time juvenile offenders through the court systems. Most recently, she spent four days as a representative from Delaware County at the National Youth to Youth Leadership Training Conference, where hundreds of teens and their advisors come to gain new information in youth drug and violence prevention. Ariana has a genuine concern to make SULT and her school the best it can be.

Abbey Fields, Buckeye Valley Junior, gives her best to SULT happenings throughout the year. On top of her numerous hours dedicated to SULT activities Abbey has volunteered for – she has created a program from the ground up. In the summer of 2010, Abbey was selected to attend the Youth to Youth Leadership Conference. During a youth action planning exercise Abbey said she wanted to do something regarding girls being advocates for one another around female bullying. Abbey had been bullied by girls in elementary & her freshman year in high school.

Abbey's concern for this issue led to the development of a teen-led girl aggression prevention group for younger students. Abbey co-wrote and conducted a survey to 75-100 middle and high school girls in the Buckeye Valley school district about their experience with female bullying. And she helped apply for a Women's Fund of Central Ohio Grant on developing this teen-developed/led group for 6th grade girls. The *Thank Goodness I'm Female* (T.G.I.F.) initiative was born. T.G.I.F. groups work on changing relational aggression between girls and promoting effective strategies to stop bullying through discussion, interactive activities, large group art and videos. Abbey has such heart for this program – recognizing the importance of making the sixth grade girls feel included in something bigger than their own immediate worlds. She is an accessible, easy going and always willing to listen to what is important to each girl. She is their advocate through and through.

Abbey's originality, courage and moxy shines— After being interviewed by Cabot Rea on TGIF, she talked about how a year ago she could have never done anything like that. Abbey clearly can do anything she sets out to do – she has a strong, loving family and is using her voice to promote positive female relationships.



MISSION

To address the emotional, financial, and information needs of the community.

CORE VALUES

Service to Community

We are committed to serving our community.

Caring and Respect

We believe in the value, dignity and diversity of all people.

Excellence

We are committed to the highest standards of quality, integrity and the ethics of confidentiality, fairness and a non-judgmental approach.

Education

We are committed to educating our community.

Volunteerism

We are committed to linking and referring volunteers in our community.

history

HelpLine of Delaware and Morrow Counties, Inc. was formed in January 1996 with the merger of Help Anonymous of Delaware County and HopeLine of Morrow County. Help Anonymous began in 1970 when six women envisioned a hotline as a means for providing support and alternatives for single pregnant women. HopeLine began in 1980 in response to the need to provide hotline support services 24-hours a day. Within several years of inception, both agencies were providing 24-hour hotline services to residents of each county, primarily through volunteers in very small, donated spaces. It was realized early on that volunteers needed to be screened and to receive comprehensive training to prepare them to provide the necessary crisis management, information, and referral skills. Thus, hotline staff training programs were implemented and have continued to be supplemented and improved. In 1974, the Ohio Wesleyan University student hotline, "The Listening Post", merged with Help Anonymous. The following year, Help Anonymous employed an executive director and began receiving funds from United Way, the Community Mental Health Board, and other government funds. HopeLine hired a director in 1981 and soon began receiving Mental Health Board funds. Both agencies have been housed in several different locations throughout the years.

HelpLine currently has space at 11 North Franklin Street in Delaware, Ohio and in the Meadow Center in Mt. Gilead, Ohio. Connections Volunteer Center, started in 1996 is located in Andrews House. The needs of HelpLine callers have grown over the years in both counties with that, the hiring of additional staff including secretarial/bookkeeping staff, volunteer coordinators, and social workers. Extensive reliance on volunteers was the norm during the late 1970's and early 1980's. Violence and suicide community prevention and education programs were developed extensively in the 1980's. The hotline training program was strengthened to include close to 50 hours of training for volunteers. In 1996, due to the decrease in volunteers, the 24 hour hotline became staffed by primarily paid employees with several veteran volunteers, most of whom are now certified. And HelpLine established the first rape crisis center in our service areas that same year. Several support groups have also been available - including Survivors of Suicide, and currently the Healing Circle for survivors of sexual assault. Extensive accomplishments have occurred in the areas of information and referral. Comprehensive listings of resources available in both communities have been developed, maintained and improved over time. Currently, the resource database contains over 1000 programs and is available online. The organization is active in a variety of task forces and groups throughout Delaware and Morrow Counties seeking to provide better coordination of services and meet needs around housing, suicide, sexual assault, and other issues. HelpLine has completed the rigorous accreditation processes through the American Association of Suicidology and National Alliance of Information & Referral Systems and is certified by the Ohio Department of Mental Health.

On November 12, 2002, HelpLine was the first agency in the State of Ohio to publicly launch 211 - the community information and referral services access number for people in Delaware and Morrow Counties. HelpLine currently has 27 full and part-time professional staff and over 30 active volunteers who provide hotline crisis management, information & referral services, sexual assault advocacy, and pre-

HelpLine Founders

Pat Silleck
Katherine Gharritty
Sally Stevenson
Jeannie Strohm
Georgie Parker
Mary Ann Keefer
Father John Statmiller, Advisor

HelpLine Executive Directors

Sue Hanson	1997 to Present
Kenton Beachy	1993 to 1996
Les Krisa	1991 to 1992
Myrna Paul	1984 to 1989
Barbara Longstreth	1981 to 1983
Carolyn Merriman	1980 to 1981
Katherine Gharritty	1975 to 1980

Delaware County

11 N. Franklin Street
Delaware, Ohio 43015
Hotline: 211 or 740.369.3316
Business Line: 740.363.1835

Morrow County

950 Meadow Drive, Suite B
Mt. Gilead, Ohio 43338
Hotline: 211 or 419.947.2520
Business Line: 419.946.1350

Toll Free: 1.800.684.2324
Deaf or Hard of Hearing: 711 or 1.800.750.0750
Language Services Available

Connections Volunteer Center

39 W. Winter Street
Delaware, Ohio 43015
Business Line: 740.363.5000
www.delawarecountyvolunteers.org

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