

The Helping Hand e-news

A bi-monthly publication of HelpLine of Delaware and Morrow Counties, Inc.

SEPTEMBER - OCTOBER 2010



Of Delaware and Morrow Counties, Inc.



In This Issue

[HelpLine 40th Celebration and Annual Meeting Set for September 16](#)

[HelpLine to Recognize World Suicide Prevention Day, Hires Suicide Prevention Coordinator](#)

[Nancy Radcliff Named Sexual Assault Director](#)

[Connections Accepting Volunteers for 2010 Make a Difference Day](#)

[Join HelpLine for Annual Jazz and Silent Auction Fundraiser](#)

HelpLine 40th Celebration and Annual Meeting Set for September 16

Since 1970, HelpLine of Delaware and Morrow Counties, Inc. has responded to an estimated half a million consumers in need of emotional, financial and information assistance. This year, HelpLine will celebrate 40 Years as 'A Generational Gem' during its Annual Meeting on **Thursday, September 16, 2010, 6:00 p.m.**, Ohio Wesleyan University, Benes Room, 40 Rowland Avenue,



1970-2010
A GENERATIONAL GEM
HelpLine

Delaware, Ohio. Ohio Department of Alcohol and Drug Addiction Services Director, Angela Cornelius Dawson, will deliver the keynote address with live entertainment by the Holloway Collective. The event is sponsored by Columbus State Community College.

HelpLine formed in January 1996 with the merger of Delaware County-based Help Anonymous and HopeLine of Morrow County. In this same year, Connections Volunteer Center was incorporated under HelpLine, making it a tri-union. Help Anonymous began in 1970 when five women envisioned a hotline as a means for providing support and alternatives for single pregnant women. HopeLine began in 1980 in response to the need to provide hotline services and support 24-hours a day. Within several years of inception, both agencies were providing 24-hour hotline services to residents of each county, primarily through volunteers in very small, donated spaces.

About HelpLine

HelpLine of Delaware and Morrow Counties, Inc. is the local 24-hour support, information and referral line for Delaware and Morrow counties. A private, nonprofit founded in 1970, HelpLine facilitates the recovery and stability of the emotional, financial and information needs of the community through prevention education and training, mental health advocacy, and volunteer opportunities. A contract agency of the Delaware Morrow Mental Health & Recovery Services, HelpLine is a member of the United Ways of Delaware and Morrow counties and partially funded by the Council for Older Adults. Equal Opportunity Employer/Provider.

Visit the HelpLine [web site](#) for more information.

Have a story idea? [E-mail us](#) with your ideas for future e-news stories.

**24-hour Support and
Information line:
211 or 1.800.684.2324**

Since its founding, HelpLine is credited for many firsts including the first agency in the State of Ohio to join providers of the 1-800-SUICIDE talk network - the only suicide network to cover the United States, the first in the State of Ohio to launch 2-1-1 - the universal access number for health and human service information - in Delaware and Morrow Counties, and the first-ever, centralized volunteer center in Delaware County. Read more about HelpLine history [here](#). To visit the 40th website, visit the links below:

[Milestones](#)
[RSVP](#)
[Founders & Directors](#)
[Sponsorship Opportunities](#)

HelpLine to Recognize World Suicide Prevention Day, Hires Suicide Prevention Coordinator

On Friday, September 10, 2010, HelpLine will partner with the National Council for Suicide Prevention, Suicide Prevention Resource Center and the Ohio Suicide Prevention Foundation to recognize World Suicide Prevention Day (WSPD) and the ['Take 5 to Save Lives'](#) campaign.



Started nearly 50 years ago by the International Association for Suicide Prevention and the World Health Organization (WHO), this day focuses public attention on suicide prevention and the unacceptable burden and costs of suicidal behaviors. The [Take 5 to Save Lives](#) campaign was developed to get people to "Take 5" to do something around suicide prevention including: learn the warning signs, help a friend, share the message with five others and more.

WHO estimates that nearly one million people will die by suicide every year, which represents a global mortality rate of 16 per 100,000 people or one death every 40 seconds. Additionally, for every person who completes a suicide, 20 or more may attempt to end their lives.

"HelpLine diligently works to provide community training and education on warning signs, assisting a suicidal person and reducing the stigma often associated with suicide," said Sue Hanson, Executive Director of HelpLine.

"We also offer a 24-hour, 7 day a week support and information line, crisis intervention skills training for adults and a monthly Survivors of Suicide support group."

HelpLine has also recently added its first-ever, full-time Suicide Prevention Coordinator through a grant funded by the Delaware-Morrow Mental Health and Recovery Services Board. Jason Colvin accepted this new role with primary responsibilities including community training and classroom prevention presentations to middle and high school age youth. Additionally, Colvin will engage community partners to meet mutual goals around suicide prevention, while facilitating the [Survivors of Suicide support group](#).

Prior to this role, Colvin was a contingent hotline specialist for HelpLine. He earned his bachelors degree in Spanish Language and Literature from the University of Delaware.

"HelpLine is committed to investing in progressive educational programs and staff experts to ensure we create safe communities that can effectively respond to those in crisis."

Nancy Radcliffe Named Sexual Assault Director



Nancy Radcliff was recently named the Director of Sexual Assault at HelpLine. She replaces former Prevention Director Julianna Nemeth who left to pursue a PhD in Public Health at The Ohio State University.

In her new role, Radcliff will administrator the Sexual Assault Response Network rape crisis services as well as all prevention programming related to family and sexual violence prevention including Purple Hands Bear, It's A Guy Thing! and It's A Girl's World! empowerment groups, MOST Club, Safe Dates, Love: All That & More and Stewards of Children.

Radcliff joins HelpLine from The Ohio State

Upcoming Events and Training

September 2010

Thursday, September 16
[HelpLine 40th Anniversary Celebration & Annual Meeting](#)

Tuesday, September 28
[Self Mutilation Behavior in Adults and Youth](#)

October 2010

Saturday, October 23
[Connections Volunteer Center Make a Difference Day](#)

Saturday, October 23
[HelpLine Jazz & Silent Auction Fundraiser](#)

Thursday, October 28
[Legal and Ethical Issues in Counseling and Social Work](#)

Giving to HelpLine Just Got Easier!

Kroger has recently announced the re-



enrollment process for their Community Rewards Program - the fundraising program that rewards your designated charity every time you use your Kroger Plus Card.

All continuing and first time participants must re-enroll each year at Kroger Community Rewards and every time you shop at Kroger, you will raise funds for HelpLine without any additional spending required -- it's that simple!

To enroll or re-enroll, visit www.krogercommunityrewards.com For ste-by-step directions, visit [here](#) or call 740.363.1835, ext. 112 for more information.

Call 2-1-1 Today!



Have you ever wondered how to find help or a community service for yourself or someone in need?

What if you could remember the number of every social service agency in your community?

Now you can! It's 2-1-1.

Follow HelpLine

University Student Wellness Center where she managed the campus advocacy program which dealt with topics including intimate partner abuse, sexual violence and sexual harassment. She has also worked as a long-term advocate for Sexual Assault Response Network of Central Ohio.

Radcliff has more than 22 years of experience in advocacy and education preventing violence against women, children and men. She received a B.A. in Sociology from The Ohio State University with an emphasis in gender studies.

"We are pleased to welcome Nancy to the HelpLine staff," said Sue Hanson, Executive Director. "She brings a wealth of experience and expertise which will help us to continue with developing progressive, inclusive prevention programming."

For more information on HelpLine sexual assault response and prevention programming, contact Nancy at nradcliffe@helplinedelmor.org or at 740.363.1835, ext. 109.



[HelpLine on Facebook](#)



[HelpLine on Twitter](#)



[HelpLine LinkedIn](#)

Connections Volunteer Center Accepting Volunteers for 2010 Make a Difference Day

Connections Volunteer Center will host Make a Difference Day Ohio (MDDO), America's largest day of volunteer service, on Saturday, October 23, 2010 at the Delaware Area Career Center - North Campus, 610 State Route 521, Delaware, Ohio. The kickoff will include a light breakfast at 8:30 a.m. and is open to all participating volunteers.

MDDO mobilizes local volunteers to 'go out and make a difference' in their communities. Last year, nearly 370 individuals represented families, service groups, organizations and churches and completed more than 50 service projects throughout the community.



Projects included outdoor work for Council for Older Adults clients; county, township and city projects; painting, litter pickup, leaf raking; and assisting local non-profit agencies that

serve Delaware County. Volunteers of all ages took genuine smiles and generous hearts and gave them to those who needed it most.

Margie West, Connections Senior Leadership and MDDO Coordinator said, "There's so much we can do during this one day event -- it's a win-win situation. Volunteers give of their time; and in return, they can see the difference that's made in the community and in the lives of many of our senior residents."

To register for MDDO 2010 contact Margie West at 740-363-5000 or mwest@helplinedelmor.org. View the Make a Difference Day video [here](#).

Join HelpLine for the Annual Jazz & Silent Auction Benefit in October



Looking for a way to do good and feel good? Join HelpLine for its annual Jazz and Silent Auction fundraiser on Saturday, October 23, 2010, 4 pm to 7pm at 1808 American Bistro, 29 East Winter Street in historic downtown Delaware, Ohio.

The event features a premium selection of red and white wines, live music by the Doc Holloway Trio, scrumptious d'oeuvres and live auction items including a day of pampering at 1820 Collective.

Tickets are \$30 per person and \$50 per couple, and are available online at

<http://www.helplinedelmor.org/jazzevent.php> or HelpLine locations in Delaware (11 N. Franklin

Street) and Mt. Gilead (950 Meadows Blvd, Suite B).

Corporate sponsorship opportunities are also available and include special recognition along with other benefits. Proceeds from the event will benefit HelpLine programs and services delivered throughout the Delaware and Morrow County communities. For more information contact Sue Hanson at shanson@helplinedelmor.org or 740-363-1835, ext. 107.

GoodSearch for HelpLine!





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